

# Contents

## GUIDE TO SYMBOLS

	BYO
	Fully licensed
	Vegetarian options
	Gluten-free options
	Kids' menu available
	Alfresco
	Halal options
	Private room
	Catering
	Onsite parking
	Accessible
	Accessible Toilets

NOTE: Symbols are provided as a guide. Consumers are advised to confirm with their own enquiries.

Welcome	2-3
---------	-----

---

## PARRAMATTA

Church St 'Eat Street'	4-11
Phillip St Precinct	12-16
Church St South	
'Asian Precinct'	17-18
Westfield Precinct	19-20
George St	21-26
City and Surrounds	27-31

---

Harris Park	32-35
Granville	36-38
Guildford	39-41
Westmead	42-43
Northmead	44-45
Epping	46-49
Carlingford	50-51
Rosehill	52-53
Nth Parramatta	54-57
Winston Hills	58
Restaurant Index	59-61

---

Getting Around/ Parramatta Map	Fold out
-----------------------------------	----------



Lord Mayor of Parramatta, Cr John Chedid  
at The Meat & Wine Co, Parramatta

The Dining Guide is produced by Parramatta City Council each year and is funded through a special rate for the promotion and support of business growth.

# Welcome to the 2011 edition of the Parramatta Dining Guide

The *Parramatta Dining Guide* is one of the most popular publications Council produces and is an essential guide for anyone who loves good food. It is compiled every year to help people who live, work or visit the region to navigate their way around the many dining precincts in the area.

Parramatta's point of difference is that we offer a truly authentic dining experience representing a wide diversity of cuisines and cultures. The dining guide shows you where to find the many dining gems we have and the variety of venues available – whether you're looking for a restaurant, pub or bistro, you'll find it within these pages.

Parramatta is blessed to have a large multicultural population this means that we have chefs and restaurant owners from all corners of the globe offering the area an exquisite international dining experience in all shapes, sizes and budgets. You can find food from India, Burma, China, Japan, Lebanon, Iran, Vietnam, Germany, Sri Lanka, Greece, France, Malaysia and many other countries right here in Parramatta and its surrounding suburbs.

This year's dining guide features over 300 dining venues in 16 different dining precincts, so whether you're looking for a simple sushi bar, a romantic dinner for two, a business lunch, or a family restaurant, you'll find it in here. The guide acts as a companion for our more comprehensive one stop shop for events and activities in our area, Discover Parramatta [www.discoverparramatta.com.au](http://www.discoverparramatta.com.au)

So join us for a meal in Parramatta, and bon appetit!

– Councillor John Chedid  
Lord Mayor, Parramatta City Council

Parramatta's most popular eating hub, crowds love the buzz of alfresco streetside dining and the wide selection of international cuisine – Italian, Mediterranean, Chinese and Thai – find it all here!

PARRA  
MATT

# Church Street: 'Eat Street'

## Bellani Café Restaurant

315 Church St, Parramatta  
T: 9687 7388

Lunch – Wed–Fri: 11.30am–2.30pm

Dinner – Mon–Fri: 5pm–late,

Sat–Sun: 9pm–midnight

Steaks, seafood and trusty Italian pastas pull in a good crowd. Try the grain fed scotch steak with mushroom and pepper sauce. Grilled seafood mix (\$35) of Barramundi, octopus, king prawns and calamari served with salad and fries is great value to share between two. For pasta, everybody orders the king prawn Napolitana with fresh fettucini pasta in a rich tomato sauce. (Modern Australian)

Entrée \$12–17 / Main \$15–35



## The Bite Parramatta

308 Church St, Parramatta / T: 9635 3777  
[www.thebiteparramatta.com.au](http://www.thebiteparramatta.com.au)

Sun–Thu: 11.30am–10pm

Fri–Sat: 11.30am–11pm

Modern Italian in a modern setting, the signature here is the antipasto plate. Pizza crust, garlic prawns, Asian inspired squid with prosciutto, parmesan, caprese salad, home-made basil pesto, marinated fetta, kalamata olives, sundried tomatoes, guacamole and smoked salmon (\$39.50) – it's perfect to share! There's large range of seafood, meat, pasta and wood fired

pizzas... they even have gluten-free pizza bases. (Modern Italian)

Entrée \$7.50–39.50 / Main \$18–49.50



## Chilli Jam Parramatta

325 Church St, Parramatta / T: 9687 3300

Mon–Wed: 5–10.30pm

Thu–Sun: 11am–10.30pm

You just can't go past the \$5 take-away roti as the chef prepares this delicious dish – sweet or savoury – in the window of *Chilli Jam*. Or follow your nose inside to experience Thai favourites like beef salad, tom yum goong soup or a selection of 'Bangkok street food'. Create your own dish with your choice of meat, seafood, vegetables or tofu paired with irresistible sauces, curries or noodles, and don't forget the chilli jam sauce after which the restaurant is named! (Thai)

Menu between \$10–30



## Chocalateria San Churro

287 Church Street, Parramatta

T: 9633 1566 / [www.sanchurro.com](http://www.sanchurro.com)

Sun–Thu: 10am–1pm

Fri–Sat: 10am–midnight

Spanish monk San Churro made it his life's work to spread the goodness of chocolate, and when you dine at his



CHOCALATERIA SAN CHURRO

namesake chocolateria it's easy to see why. You just can't go past the decadent Spanish doughnut dipped in your choice of white, milk or dark chocolate. Or try a bit of everything with the Chocolate Tapas – a dessert-lover's dream! While you're there, indulge in a rich Spanish hot chocolate, or even one made with pure melted couverture chocolate. Can't get enough *San Churro*? We don't blame you! Check out their website for delicious dishes you can create at home. (*Spanish Chocolate Café*)

**Entrée \$5.50–19.90**



## City Extra

**301 Church Street, Parramatta**  
**T: 9633 1188 / [www.cityextra.com.au](http://www.cityextra.com.au)**  
**24hrs 7 days**

Where else to satisfy a late night pancake craving or a chicken burger with fries at any time of day? Its around-the-clock service, big tables and varied menu makes this local institution a lively meeting spot. With over 23 years in the area, it's popularity with groups (especially after a big night out) isn't slowing down any time soon. The menu changes every 3 months but there's no surprise what regulars love: pumpkin soup, spaghetti with

prawns, hearty burgers and of course dessert! *BYO wine only. (Modern Australian)*

**Entrée \$8–20 / Main \$10–35**



## Criniti's Wood Fire Pizza

**291 Church Street, Parramatta**  
**T: 1300criniti / [www.crinitis.com.au](http://www.crinitis.com.au)**  
**7 days: 11.30am–late**

From delicious home-made pastas and a choice of more than 55 pizzas, to grain-fed steaks and a mouth-watering seafood selection, there's something for everyone at *Criniti's*. With a fusion of vintage and contemporary décor, this iconic hotspot specialising in traditional southern Italian cuisine is great for groups with metre-long pizzas available. An equally impressive drinks list is available, with a range of apéritifs, beers, cocktails, mocktails, shots and wine. Celebrating a special occasion? Order one of *Criniti's* amazing cakes, be it a choc-marble cheesecake, profiterole cake or event a white choc & raspberry mousse. Reservations are strongly recommended. (*Italian*)

**Entrée \$8–19 / Main \$21–39**



## Elevate Bar. Café. Restaurant

312 Church St, Parramatta / T: 9633 4099  
[www.elevaterestaurant.com.au](http://www.elevaterestaurant.com.au)  
Mon–Thu: 11am–10.30pm / Fri 11am–11.30pm / Sat–Sun: 10am–10.30pm

This sleek and stylish restaurant and bar is perfect for celebrating with friends, enjoying a romantic evening or just relishing great food at even better prices! Winner of the Most Outstanding Restaurant in the 2010 Local Business Awards, *Elevate* is open for breakfast as well as lunch and dinner, with all-day specials like prawn fettuccine, home-made chicken and mushroom pie, and a gourmet wagyu beef burger. Split bills are welcome. (*European / Mediterranean*)

Entrée \$5.90–16.90 / Main \$14.90–38.90



## El-Phoenician Restaurant & Bar

328 Church Street, Parramatta  
T: 9633 1611 / [www.el-phoenician.com.au](http://www.el-phoenician.com.au)  
Mon–Sat: 11.30am–late  
Sun: private functions only

Whether feasting on the favourites of Tabouli, Shish Tawouk (chicken skewers) or the large array of dips, you'll love the traditional yet modern Middle Eastern cuisine that awaits you at the contemporary and elegant *El-Phoenician*. Enjoy free secured parking as well as belly dancing shows on Friday and Saturday nights. If you're planning a function, check out the illustrious function room, with both closed surroundings and an open-air courtyard. (*Lebanese, Seafood*)

Entrée \$10–20 / Main \$20–59



## Jade Bar & Grill

283 Church Street, Parramatta  
T: 9687 6880 / 7 days: 11am–11pm

You won't be disappointed when you dine at the new *Jade Bar & Grill* - the owner has combined everything he loves about restaurants to create this new addition. Choose to relax indoors or outdoors as you enjoy freshly shucked oysters to start, as entrée of spinach and ricotta gnocchi, and a rack of ribs to satisfy even the

largest of appetites. Or perhaps a grilled haloumi salad and chicken parmigiana is more to your taste, and be sure to leave room for dessert – prepared by a specially trained dessert chef. (*Steak, Ribs, Seafood*)

Entrée \$16 / Main \$35



## Liana's Italian Restaurant

306 Church Street, Parramatta  
T: 9687 7979 / [www.lianas.com.au](http://www.lianas.com.au)  
Mon–Wed: 11.30am–10pm

Thu–Sat: Noon–11pm / Sun: Noon–10pm

Hearty Italian meals in a casual atmosphere, great venue for a busy lunch with \$10 lunch specials of a range of pasta and risottos. For dinner, the regulars love sharing a seafood platter (\$95) and the veal Saltimbocca (\$25.50). Also good is the salt and pepper squid (\$26), Pasta Venetian of Chicken with pine nuts, basil and garlic as well as the Chicken Limone served with roast kipfler potatoes and vegetables. BYO wine only. (*Italian*)

Entrée \$10–15 / Main \$20–40



## Mars Hill Café

331 Church Street, Parramatta  
T: 9893 9888 / [www.marshillcafe.com.au](http://www.marshillcafe.com.au)  
Tue–Fri: 5pm–late / Sat: Noon–late  
Sun: 1pm–late

Whether it's a quick pre-show dinner or a quiet drink afterwards, this arty café is popular with Riverside theatre-goers – for good reason. The menu has a distinctly Mexican flavour with nachos, quesadillas, meat or vegetarian tacos... on top of this there are gourmet wraps and sandwiches too. (*Café Style, Mexican*)

Entrée \$8–11 / Main \$13–17



## The Meat & Wine Co

353 Cnr Church and Market St, Parramatta  
T: 9630 2434  
[www.themeatandwineco.com](http://www.themeatandwineco.com)  
7 days: Noon–late

It's all about meat here: steaks, shanks, pork ribs, chicken and fish all straight off the open grill. Meat lovers can indulge in a sophisticated and relaxed steakhouse environment

where choice is abundant. Part of an international group of steakhouse restaurants they pride themselves on 'Steak you'll leave home for', plus, there's a gluten free menu. To start, try their specialty Boerewors: grilled traditional African beef sausage, served on 'Pap' (polenta) with BBQ relish (\$26). Aged Monte beef is flame grilled juicy and succulent whichever cut you choose: Rib Eye, New Yorker, Fillet or rump. Sauces range from traditional green peppercorn to experimental blue cheese and vodka. (Modern Australian steakhouse)

**Entrée \$12-26 / Main \$25-60**



## Mediterranean Kitchen

**327 Church St, Parramatta / T: 9891 5955**  
**Mon-Fri: 5pm-late / Sat -Sun & public holidays: Noon-late**

This family-run restaurant has been dishing up authentic Mediterranean cuisine for over 13 years. All pasta sauces are freshly made inhouse, try the bestseller – Penne la Pollo with chicken, eggplant and spinach in a rich Napolitana sauce. Then there's the boscaiola raviolini – mini ravioli stuffed with spinach and ricotta in a creamy Chardonnay sauce. For dessert, don't leave without having a look at their stellar range of home-made deserts such as home-made Tiramisu or selection of Algerian pastries filled with berries and Cointreau. (Mediterranean)

**Entrée \$14-18 / Main \$19.90-28**



## Montezumas Mesa

**311-313 Church Street, Parramatta**  
**T: 9689 3800 / www.montezumas.com.au**  
**7 days: lunch and dinner**

Join the fun at this Aztec-themed family restaurant serving everything from taquitos to tomale pie. Popular with groups and family nights out, they also have an extensive kids' menu for little amigos. Our picks are the enchiladas – soft corn tortilla dipped in sauce, rolled and topped with cheese and oven baked in Mexican sauce. You can choose from vegetarian, chorizo or carne (beef). For dessert try their famous mexican date cake served warm

with ice cream or the Mexican Flan, a traditional crème caramel. (Mexican)

**Entrée \$3.95-16.95 / Main \$11.95-19.95**



## Nut N Fancy

**316 Church St, Parramatta / T: 9891 1421**  
**www.nutfancy Parramatta.com.au**  
**Mon: 5pm-late / Tue-Wed: 11am-late**  
**Thu-Sun: 8am-late**

Known for its desserts, it's also a great supper venue! Fans absolutely love the Chicken Inferno: chicken and prawns infused with vodka with a creamy Napolitana sauce or the Surf & Turf of cooked rib eye with prawns, octopus and calamari served with chips and salad and your choice of cream garlic, Diane, mushroom or pepper sauce. For something sweet there are pancakes, waffles or range of ice cream sundaes. We like the 'Honeycomb Crunch' waffle topped with hot chocolate, caramel fudge and violet crumble ice cream. (Modern Australian)

**Entrée \$4.50-20 / Main \$16-30**



## One World Sport

**295 Church Street, Parramatta**  
**T: 9633 2600 / www.oneworldsport.com.au**  
**Sun-Wed: 11am-midnight**  
**Thu: 11am-12.30pm / Fri-Sat: 11am-4am**

A popular place to meet for after work drinks and right next door to City Extra, its large screens attracts sports lovers on any game night whatever your code. It also hosts some of the best dance parties in the city on Saturday nights. Look out for live acts through summer. Standard bistro food can be ordered to get you through the game: burgers, chicken schnitzel and wedges. (Modern Australian)

**Entrée \$8-15 / Main \$15-30**



## Prospero's Restaurant

**310 Church St, Parramatta**  
**T: 9893 8933 / www.prosperos.com.au**  
**7 days - Mon-Fri: 11.30am-3pm,**  
**5.30pm-late / Sat-Sun: 11.30am-3.30pm,**  
**5.30pm-late**

Italian with a twist, chef Robert Flego has come up with a winning formula to please the tastes and budgets of



## RESTAURANT 3 ONE 7

the masses. Their current location boasts a smart casual dining area and bar, alfresco dining and a function room. Banquet menus make it easy for large groups and their à la carte selection is extensive. Try their signature 'Risotto Vesuvius' of prawns and chicken cooked in white wine, garlic, chilli fresh tomato and cream sauce garnished with king prawn and saltwater scampi. Then there's the 'Veal Scallopine alla Romana' veal topped with prosciutto, sage and pan fried in butter and a delicate shiraz glaze sauce. *(Italian, seafood)*

**Entrée \$8.50-20 / Main \$15-35**



## Ray & Lou's Café Grill

293 Church St, Parramatta  
T: 9687 9422 / [www.rayandlous.com.au](http://www.rayandlous.com.au)  
Mon: 5pm-late / Tue-Sun: Noon-late

One of the busiest joints in Parramatta on a Saturday night, *Ray and Lou's* is a carnivore's heaven! Serious about their steaks, the brothers are members of the Angus Society of Australia serving only Certified Australian Angus Beef. Known for a large serving of steaks and seafood, there's also mixed platters to share and graze over-grilled chicken, vegetables, salad and fries as well as freshly home-made garlic sauce. *(Modern Australian, seafood, pizza)*

**Entrée \$13-15 / Main \$17-36**



## Restaurant 3 One 7

317 Church St, Parramatta  
T: 9893 8188 / [www.3one7.com.au](http://www.3one7.com.au)  
7 days: 11.30am-late

They won Best Restaurant 2006, 2007, 2008 and 2009 in the Business Achiever Awards) Modern Australian with a Mediterranean twist, they're known for their selection of fresh local char-grilled seafood, juicy steaks, pasta, large selection of pizzas, chicken and veal dishes. Try the char-grilled king prawns served with lemon butter and chips (\$29.90) or the 'Chicken Seeded Mustard' of grilled chicken breast with mustard and chilli in a creamy white sauce (\$25.90).

*(Modern Australian, European, pizza)*

**Entrée \$12.90-19.90 / Main \$19.90-38.90**



## Scrumptious Café

Shop 1, 330-342 Church St, Parramatta  
T: 9635 4077 / 7 days: 6.30am-4.30pm  
Entrée \$5-10 / Main \$10-20

*(À la carte menu)*



## Sea Sweet Patisserie

Shop 4, 354-366 Church Street  
(Cnr Palmer Street), Parramatta  
T: 1300 90 80 70 / [www.seasweet.com.au](http://www.seasweet.com.au)  
Sun-Thu: 8.30am-11pm

**Fri-Sat: 8.30am-1am**

Busiest on weekends and open till late, this authentic Lebanese patisserie has a steady flow of local regulars. In addition to the large selection of syrupy traditional Lebanese sweets baklava, knefe (sweet cheese with sugar syrup), almond meal cakes and biscuits, there are also gelato and whole cakes to take-away. Why not try their chocolate mousse, tiramisu log or the decadent black forest cake, their best seller? For the adventurous there is the traditional and hard-to-find Kashea – a creamy white milk yoghurt ice cream – definitely worth a try! (*Lebanese sweets, coffee*)

**Menu between \$6-35**



## Sit Ney

**277B Church Street, Parramatta**  
**T: 9633 3226 / [www.sitneyrestaurant.com](http://www.sitneyrestaurant.com)**  
**7 days: 11am-10.30pm**

Whether popping in for lunch, enjoying a romantic evening or dining with a group of friends, Sit Ney can accommodate. A warm and inviting atmosphere coupled with an innovative menu equals a restaurant that delivers both exceptional taste and experience! There are some Thai classics you can't go past – the cashew nut sauce is one of them! Sit Ney don't use MSG and some dishes are available gluten-free or vegetarian. Spicy dishes can be made mild on request – just ask the friendly staff. Sit Ney is also available for functions and private parties. (*Thai*)

**Entrée \$6.90 / Main \$16.90-14.90**



## Sicilian Parramatta

**292 Church St, Parramatta / T: 9633 2299**  
**[www.sicilianparramatta.com.au](http://www.sicilianparramatta.com.au)**  
**7 days: 1.30pm-11pm**

One of the largest venues in the city, Sicilian boasts a broad menu of traditional Italian favourites. Its interior rooms are suitable for large groups or even wedding receptions. Try the Grillo Misto (\$29) – a flame grilled seafood plate of fresh fish, calamari, baby octopus and prawns marinated in garlic, lemon and herbs served on garden salad and home-



SEA SWEET

made aioli mayonnaise. Salmon Atlantico is a juicy grilled fillet served on a bed of creamy garlicky mash potato topped with lemon butter and caper infused sauce (\$32). There's also a large selection of wood fired pizzas! (*Italian*)

**Entrée \$8-18 / Main \$17-32**



## Spice'n'Ice - Authentic Indian Restaurant & Bar

**277 Church Street, Parramatta**  
**T: 9635 4522/ [www.spice-n-ice.com.au](http://www.spice-n-ice.com.au)**  
**Mon-Sat: 10am-11pm / Sun: 4pm-11pm**

From the moment you walk in, you'll be greeted with aromas that tantalise the senses. This fun and friendly family-run restaurant serves popular traditional Indian dishes made to order like butter chicken and lamb rogan josh, as well as an array of vegetarian dishes and even seafood! A children's menu is also available with both Indian choices and favourites like chicken nuggets. (*Indian*)

**Entrée \$6.50-19.90 / Main \$10.90-15.90**





SPICE'N'ICE

## Stephano's Ristorante

329 Church St, Parramatta / T: 9633 3132

[www.stephanosristorante.com](http://www.stephanosristorante.com)

Mon-Sun: Noon-late

Along with famously large portions, their massive range of wood-fired pizzas, steaks and pastas are what Stephano's is known for. Meat lovers can't go past a wood fired 'Stephano Special' of pepperoni, salami, cabanossi with mushroom and capsicum, at the other end of the scale is the 'Garden Special' of asparagus, artichokes, avocado, roast capsicum, mushrooms and eggplant – probably the best vegetarian pizza you'll ever taste! (Wood-fired pizzas)

Entrée \$14-17 / Main \$22-38



## Thai in a Box

318 Church Street, Parramatta

T: 9633 3681 / [www.thainabox.com.au](http://www.thainabox.com.au)

Mon-Wed: 10.30am-10.30pm

Thu-Sun: 10.30am-11pm

At the newly renovated modern Thai in a Box, you can design your own dish in 5 easy steps starting with a selection of noodles or rice, sauces, herbs and nuts from \$11.90. You can also choose from the menu of standard Thai favourites from Curry Puffs (\$6 for 4 pieces), Tom Yum Soup with prawns (\$10.90) or a variety of fresh salads: Thai Beef Salad of thinly sliced beef served with fresh garden

vegetables and a chilli and lemon dressing (\$13.90) or the Glass Noodle salad with minced chicken, lemon juice and fresh chilli (\$13.90). A range of stir fries and curries also available, great lunch option in the city. (Thai)

Entrée \$6-10.90 / Main \$10-18



## Rio Theatre Restaurant

211-213 Church Street, Parramatta

T: 9633 9996 / [www.riorestaurant.com.au](http://www.riorestaurant.com.au)

7 days: Noon-3pm, 6-10pm

Be sure to take a trip to Rio on an empty stomach, because you'll be presented with a mouth-watering selection of all-you-can-eat Brazilian BBQ delicacies! Team this with a delicious Caipirinha cocktail and it's the perfect recipe for a great night out! On Friday and Saturday nights, catch the amazing live shows and dancing of Carnivale. The upstairs cocktail bar, complete with dance floor, is open from 5pm most days until late. And with \$8 happy hour cocktails between 5-6pm, there's no excuse not to try one of the delicious creations – the delectable 'Copacabana' with Chambord tastes just like the filling of a jam donut! (Brazilian, Portuguese)

Main \$9.50-39.50



## Two Forks Restaurant and Bar (The Sebel Parramatta)

350 Church Street, Parramatta  
T: 9630 4999 / [www.mirvachotels.com.au](http://www.mirvachotels.com.au)  
7 days: 6.30am-10pm

Two Forks Restaurant offers a mouth-watering menu focusing on a traditional grill style menu within a modern setting. House specialties include grilled beef carpaccio with sauteed swiss brown mushrooms, guacamole and extra virgin olive oil (\$15), Portuguese chicken and lamb skewers from \$26 or the unbeatable Angus Steak Diane from \$34.

Seasonal specials available. (Modern Australian)

Entrée \$15-28, Main \$19-45



## Wrap Station

Shop1, 235 Church Street, Parramatta  
T: 9633 1500

Mon-Wed & Fri: 9.30am-5.30pm  
Thu: 9.30am-8pm / Sat: 9.30am-4pm

Healthy and delicious Lebanese wraps, mixed plates and one of the best chicken burgers going around. Large selection of vegetarian dishes and they offer catering. (Lebanese)

Entrée \$6 / Main \$15



## Zeytin Turkish Café & Restaurant

285 Church Street, Parramatta  
T: 9687 8760 / [www.zeytin.com.au](http://www.zeytin.com.au)  
7 days: Noon-11pm

For dining with a difference, you have to try the floor seating at this authentic Turkish restaurant! Chairs are available for the less adventurous, and you will still be able to soak up the incredible atmosphere for which the Middle East is known. Zeytin is the only Turkish restaurant on the street, and caters for all tastes, including kids. Try the Stuffed Baked Chicken filled with Spinach, Camembert and Pine Nuts, or opt for the classic vegetarian Falafel. A banquet menu is available for groups, for just \$35 per person (eat as much as you like for this price!). (Turkish, Mediterranean)

Entrée \$11 / Main \$12-25



## RIO THEATRE



Fine dining venues line this city street – a popular choice for corporate lunches or a fancy dinner. Make the most of riverside views, seasonal menus and impressive wine lists.

PARRA  
MATT

# Phillip Street

## ASADAL Korean Japanese Cuisine

Shop PT1, 76 Phillip St, Parramatta  
T: 9633 4765 / 7 days: 11.30am-late

Sit at the sushi train or grab a table to enjoy the seamless blend of Korean Japanese cuisine at ASADAL. Tempura udon noodle soup is a must-try, or go for a sizzling hot-plate dish with your choice of meat and rice. Reasonably priced with lunch and dinner specials as well. Can't find the dish you're after on the sushi train? Just let one of the accommodating staff members know and they'll whip it up for you in no time. The sushi plates are great value for lunch or dinner, ranging in price from \$2.50 to just \$4.50. For the more adventurous, sashimi sets with raw salmon, tuna and kingfish are available on the menu in small, medium or large sizes. (Korean, Japanese)

Entrée \$6-10 / Main \$15-30



## Barnaby's

66 Phillip St, Parramatta / T: 9633 3777  
[www.barnabysrestaurant.com.au](http://www.barnabysrestaurant.com.au)  
Mon-Fri: 11.30am-late / Sat: 5.30pm-late  
Sun: 11.30am-4pm

Fancy Modern Australian dining in a historical cottage Known for superb steaks and seafood, Barnaby's seasonal menu and commitment

to showcasing local produce keeps their loyal followers coming back. An extensive wine list studded with Australian gems is also worth a look. The perfect venue to impress overseas visitors with live music on Friday and Saturday nights. Prime steaks start from \$32 and there's even kangaroo on the menu for something different. (Modern Australian)

Entrée \$14-16 / Main \$28-48



ASADAL





THE CHOCOLATE ROOM

## Bavarian Bier Café

Cnr Marsden & Phillip Sts, Parramatta  
T: 8836 1400

[www.bavarianbiercafe.com.au](http://www.bavarianbiercafe.com.au)

Mon-Fri: 11am-midnight

Sat: 10pm-1am / Sun: 10am-10pm

Looking for Parramatta's biggest beer garden? There are so many reasons to like this place: freshly renovated with an exciting new menu, friendly staff, big tables for large groups, an extensive range of local and imported beers (with over 13 beers on tap) then there's the food: Try the popular 'crackling roast pork belly' served with granny smith apple compote, red cabbage and potatoes. The 'Bavarian Tasting Plate' of pork belly, sausages and schnitzel will satisfy any meat lover. (*Bavarian meats and beers*)

Menu between \$10-35



## Café Lime

Shop 6, 27 Phillip St, Parramatta  
T: 9891 1304 / Mon-Sat: 7am-4pm

Menu between \$2.50-15

(Café)



## Carlito's Trattoria

56 Phillip St, Parramatta / T: 9633 9966

Lunch - Mon-Fri: 11am-2pm

Dinner - Tue-Sun: 5-10pm

This cosy Italian restaurant, pizzeria and café is fully licensed or you can BYO wine. Family-owned and run with an emphasis on freshness, you'll find a huge range of pizzas, pastas and other dishes like scaloppine napoletana, chicken pourri pourri, and chicken or beef alla romana. They also cater for groups with a choice of handy set menus. For dessert, you'll find a wide range of gelato and sorbet flavours, as well as cakes, mousse, lemon meringue and other tried and true favourites. An extensive catering menu is also available for that special occasion. (*Home-style Italian and Spanish*)

Entrée \$10-17 / Main \$19.90



## The Chocolate Room

Shop 11/15 Phillip St, Parramatta  
T: 9687 6882 / Mon-Wed: 8am-5pm

Thu-Fri: 8am-late / Sat-Sun: 1pm-late

Perfect after dinner or even a cheeky treat for your lunch break. Brand-new and quickly gaining a loyal following with chocolate lovers and it's no wonder with over 20 types of hot chocolate to choose from. Flavours to try include the popular Torroncino

(honey almond & nougat), Tiramisu, Orange & Cinnamon and a range of delicious best selling Belgian hot chocolates. Try the tasting plate of Belgian chocolates, or choose from the selection of crêpes, waffles, puddings and dark chocolate sundaes on offer. (*Chocolate, desserts*)

**Menu between \$2–16.50**



## Courtney's Brasserie

70 Phillip St, Parramatta / T: 9635 3288

[www.courtneysbrasserie.com.au](http://www.courtneysbrasserie.com.au)

**Lunch – Tue–Fri: Noon–3pm**

**Dinner – Tue–Sat: 6pm–late**

Guilt-free (and delicious) dining!

*Courtney's Brasserie* supports local

farmers, and sources game, eggs

and meat from free-range animals

that aren't given growth-promoting

substances. The seasons-based menu

changes almost daily, and the wine

list is equally impressive! A nice touch

is the complimentary starter prepared

fresh by the chef every night.

Definitely one not to miss! *Courtney's*

also holds events like 'Dine with the

Farmers', where you can indulge in a

seven-course degustation meal for

just \$79 while chatting to the local

farmers who produce the fresh food.

(*Modern Australian, French*)

**Entrée \$15–19, Main \$26–30**



## Kings Indian Continental Restaurant & Bar

40 Phillip St, Parramatta / T: 9635 9677

**7 days: 11am–2.30pm, 5.30–10.30pm**

This newcomer to Phillip Street

offers authentic Indian flavours as

well as a continental menu. House

specialties are the 'Nehari Gosht' of

tender baby goat shanks stewed in

cardomom scented sauce (\$17.90)

as well as the 'Hoshiarpuri Achari

Kukar'- chicken on the bone with

aromatic spices cooked in a tandoor

(\$16.90). BYO only. Separate function

room for parties and work functions.

The lunch buffet offers excellent value

– all-you-can-eat for \$14.90 plus

complimentary wine or beer! (*Indian*)

**Entrée \$11–24 / Main \$12–20**



## Kouzina Greco

16 Phillip Street, Parramatta

T: 9687 3669 / [www.kouzinagreco.com.au](http://www.kouzinagreco.com.au)

**Lunch – Wed–Fri: Noon–3pm**

**Dinner – Tue–Sat: 6–10 late**

When locals move out of the area,

there's always this place that keeps

them coming back along the M4 in

droves. *Kouzina Greco* seduces with

its brand of authentic home-style

Greek – freshly grilled seafood

and meat falling off the bone – it's

surely the way to anyone's heart.

Signature dishes include: a range of

home-made dips – Taramosalata and

Tzatziki, grilled Haloumi cheese and

'Kleftiko' a slow roasted lamb with

lemon, fresh herbs and rosemary

served with roasted potatoes.

Extra special for dessert is the

'Loukomades', a honeyed Greek style

donut topped with cinnamon and

the unforgettable Baklava ice cream

– made with vanilla bean, rosewater

and walnut ice cream served with

crispy filo pastry. Try the banquet

lunch menu at \$45 per person for a

3-course lunch. Great value. (*Greek*)

**Entrée \$16–20 / Main \$20–32**



## Open Kitchen

Shop 14, 55 Phillip Street / T: 9633 2820

**Mon–Fri: 7am–4pm / Sat: 7am–1pm**

**Sun: 8am–1pm**

*Open Kitchen* began as a simple

sandwich bar, now it's new menu

has attracted a roaring trade. Make

like the regulars and go for the

'French Breakfast' of French toast,

bacon and maple syrup. Also a

winner is the 'Turkish Breakfast' of

scrambled eggs with fetta, wilted

spinach all served on Turkish bread,

of course.

**Menu between \$10–25**



## Mezzanine Restaurant (Parkroyal Hotel)

30 Phillip St, Parramatta / T: 9689 3333

**Breakfast – Mon–Fri: 6am–10am,**

**Sat–Sun: 6.30am–10.30am**

**Lunch – Mon–Fri: Noon–3pm**

**Dinner – Mon–Sat: 6–10pm**

Whether you are looking for a light

lunch, are entertaining clients or

settling in for a relaxing dinner with



COURTNEY'S

friends, experience the sensational quality and service of *Mezzanine Restaurant*. *Mezzanine Restaurant* prides itself on using only the finest ingredients and is inspired by the unique flavours of Australia, boasting some of the finest steaks and freshest seafood in town. The restaurant is located on the Mezzanine level of Parkroyal Parramatta, allowing you to experience deluxe food and the recognised service provided from a premium Parramatta restaurant. (*Modern Australian*)

**Entrée \$6-24 / Main \$28-42**



## River Canyon

**96 Phillip Street, Parramatta**  
**T: 9689 2288 / [www.rivercanyon.com.au](http://www.rivercanyon.com.au)**  
**Mon-Thu: 11.30am-10.30pm**  
**Fri-Sat: 11.30am-late**  
**Sun: 11.30am-9.30pm**

Conveniently located right on the Parramatta River, *River Canyon* boasts a large dance floor and weekend party atmosphere. A popular choice for group bookings (the restaurant holds 250 people), it offers an extensive menu, water views and even a Brazilian Salsa show on weekends. Lunch specials for the work crowd start from just \$10 – with a range of pastas, chicken schnitzel with chips and bangers and mash. Sunday all-you-can-eat buffet at \$39

per person is a 'Seafood Celebration' and excellent value. Buffet includes oysters smoked salmon, buttery mussels, steamed crab and mountains of prawns. Live bands are on every Friday, Saturday and Sunday night. (*Australian, International*)

**Entrée \$7-10 / Main \$15.90-22**



## Sabatinis Restaurant

**41 Phillip St, Parramatta**  
**T: 9687 0977 / [www.sabatinis.com.au](http://www.sabatinis.com.au)**  
**Lunch – Mon-Fri: 11.30am-2.30pm**  
**Dinner – Mon-Sat: 5.30-10.30pm**  
**Sun: functions by request only**

*Sabatinis* is a fully licensed Italian seafood restaurant. Popular with groups largely due to its set menus (from \$40 per person), it does a busy lunch trade for the corporate crowd during the week. Menu highlights include the pollo involtini (\$25) – chicken breast filled with camembert cheese, semi dried tomato, English spinach finished with pink peppercorn sauce. Alternatively, there is the vitello gamberi with prawns, asparagus, sun-dried tomato and pesto cream sauce. For an express business lunch try the \$15 meal deal – pasta with glass of wine. (*Italian*)

**Entrée \$16-20 / Main \$23-30**





TEM ICHI

## Sahra By The River Restaurant

2/76 Phillip Street, Parramatta

T: 9635 6615 / [www.sahrabyytheriver.com.au](http://www.sahrabyytheriver.com.au)

Lunch – Tue–Fri: Noon–3.30pm /

Dinner – Sat: 6pm–late / Sun: 10am–10pm

Open lunch and dinner, *Sahra by the River* is fine Lebanese cuisine at its best. The riverside location, paired with an adventurously exotic menu always makes for a memorable feast.

Owner Talal Alamein is an excellent host and has converted many to the flavours of Lebanon. The ‘Special Banquet’ at \$35 per person for 8 courses is available lunch and dinner is a great way to try out the menu.

Featuring sensationally delicious home-made dips: Houmous, Labneh and Babaghannouj, mixed grills with lamb, chicken and kafta as well as rice and lentil pilaf. (*Lebanese*)

Entrée \$7–19 / Main \$25–39



## Sauté Thai Restaurant

18 Phillip St, Parramatta / T: 9687 0778

Lunch – Mon–Fri: 11am–3pm

Sat–Sun: 11am–10.30pm /

Dinner – 7 days: 5–10.30pm

Traditional Thai food doesn’t come any better than *Sauté Thai*. Whether you like to dine alfresco or in the intimate interior setting at *Sauté Thai* your dining experience will tantalise your taste buds and leave you wanting more. Owner, Nithchawan Yenspensk, travels to Thailand and South East Asia twice each year and brings back unique recipes to ensure *Sauté Thai* always offers the best of Asian cuisine. For a truly unique experience, Nithchawan recommends Kuan Gai Noodle-flat rice noodles with soy sauce, chicken, prawns and bean sprouts or King Prawns Pad Thai, a traditional Thai dish. (*Modern Thai fusion*)

Entrée \$6.90–10 / Main \$14.90–30



## Tem Ichi BBQ Teppanyaki

51 Phillip Street, Parramatta

T: 9893 9594

Lunch – Mon–Fri: Noon–3pm

Dinner – 7 days: 6–10pm

Watch your chef prepare your meal with flair and finesse – and try not to drop the egg! It’s a fun way to enjoy a delicious barbequed meal, and you can choose from hotplate sets or a wide range of traditional Japanese dishes. They’ll heat up the hotplates for a party of one, or just a party with group bookings welcome. The manoeuvres of the talented chefs and the succulent meats, seafood and vegetables they present will leave you entertained and satisfied. *Tem Ichi* is fully licensed (the sauvignon blanc is a nice drop!) and very reasonably priced, or BYO wine. (*Japanese*)

Entrée \$4.40–9.50 / Main \$12.90–30.80



**PARRA  
MATT**

Discover the culinary delights of the Asian precinct. Authentic home-style cooking, fragrant spices and the freshest ingredients. Choose from Chinese, Vietnamese, Japanese or Indian. Remember to bring cash, not cards.

# Church St South 'Asian Precinct'

## I Chi Ban Japanese Restaurant

9 Wentworth St, Parramatta  
T: 9633 3357

Mon-Fri: Noon-2.30pm, 6-9.30pm  
Sat-Sun: 6-10.30pm

A range of set 'bento box' lunches by day and Teriyaki restaurant by night. Lunch specials are under \$12 and you can choose from udon noodle soups, chicken or pork katsu don, tempura vegetables and teriyaki on rice dishes. For dinner, the teppanyaki live cooking is fun for the kids. *(Japanese)*

Entrée \$8-14 / Main \$10-25



## Jaipur Masala

Shop 1, 106 Church St, Parramatta  
T: 9635 1777 / [www.jaipursweets.com.au](http://www.jaipursweets.com.au)  
Mon-Sun: 10am-10.30pm

New and spacious, this is the Indian restaurant for spice lovers. Known for their home-style cooking, you'll find some non-typical Indian fare on this diverse menu. Everything is good, but we're especially fond of North Indian style Bhatha, baked eggplant marinated in herbs and spices, you can smell the fragrant cloves, tumeric and cinnamon as it arrives. Gatta curry is popular with vegetarians and so is the bhindi masala made with bitter okra. A never-fail crowd pleaser

is a rocket dosa – hot and spicy vegetables wrapped in a thin Indian style crêpe. *(Indian)*

Menu between \$7-15



## Kambozza Restaurant

1/115-125 Church St, Parramatta  
T: 8677 4195 / Mon-Fri: 10am-9.30pm  
Sat-Sun: 8.30am-9.30pm

Enjoy an exciting variety of traditional Burmese cuisine, like Vermicelli Noodles with Fish Soup or Steam Shallots Pancake, plus a wide range of sushi with complimentary miso soup. Distinct flavours and great prices mean you'll keep coming back to Kambozza! And don't forget dessert – try the fried banana soaked with honey. Very moreish! Burmese cuisine hints at influences from China, India and Thailand, but with unique preparation techniques and distinguishing flavours, promises an interesting and tasty alternative. *(Burmese)*

Entrée \$4.50-6.50 / Main \$5-8.50





KAMBOZZA

## Miho Japanese Bakery & Cakes

139 Church Street, Parramatta  
T: 9891 3391 / Mon-Sun: 8.30am-6pm

Pop in for something to take to morning tea, this budget friendly bakery offers a range of treats from individual slices of cake to loaves of bread, cakes, and sticky buns. Most popular is the Japanese style milk bread – cake (which tastes like a brioche) a steal for only \$2.70 or you could get a mini loaf of banana cake for \$4.50. Get there early before the warm egg custard tarts (\$1 each) get snapped up. *(Japanese pastries)*

Menu between \$1-8

## Phó Pasteur

137 Church St, Parramatta  
T: 9635 0782 / Mon-Sun: 10am-9.30pm

The original shop is a local institution. A no-frills Vietnamese eatery, Phó is the order of the day here. The noodle soup traditionally made with beef is also offered as chicken. Pick and choose what herbs to add to your steaming bowl from the plate of condiments on the table, don't forget a squeeze of lemon for extra zing. Fried chicken on tomato rice is

a regular lunchtime meal, so too the crunchy spring rolls. *(Vietnamese)*

Entrée \$7.50-11.50 / Main \$10-28



## Prince Restaurant

100 Church St, Parramatta / T: 9891 5888  
[www.princerestaurant.com.au](http://www.princerestaurant.com.au)

Mon-Sun: 10am-3pm, 5.30-1.30am

If you love fresh seafood you'll want a table here. Dinner consists of seafood specials: steamed whole fish Chinese style with simple soy, ginger and shallot dressing, or the chilli mud crab – a great way to celebrate an occasion. Yum Cha is on daily (til 2pm), so choose from Cantonese dumplings, buns, noodle dishes and sweet tarts as the trolleys whoosh past. *(Chinese, seafood)*

Entrée \$4-10 / Main \$10-40



## Shanghai Chef Kitchen

131 Church Street, Parramatta

T: 9687 4332

Mon-Sun: 10am-10pm

Shanghai style dumplings and buns are made in-house and very authentic at this hidden Chinese-style canteen. A range of home-style Shanghainese dishes on offer include Ma-Po Tofu, a steaming hot pot of tofu and mince pork, eggplant stir fry as well as steamed pork buns. *(Chinese)*

Entrée \$3-10, Main \$10-28



## Sun Ming

145-149 Church Street, Parramatta

T: 9689 2178 / Mon-Fri: 10am-10pm

Sat-Sun: 9am-10pm

This place is all about the Chinese BBQ. Pop in for soy chicken, BBQ duck, or Char Siu (Chinese BBQ pork) on rice with a serve of steamed choy sum (green vegetables) for a quick lunch fix. Quick and tasty, you can takeaway a roast duck for dinner for a quick meal at home. Cash only. *(Northern Chinese)*

Menu between \$10-30



Need a break from shopping? Pop into one of Westfield's slick cafes or busy restaurants. They are located next door to the station and bus interchange, just underneath the cinemas.

**PARRA  
MATT**

# Westfield Precinct

## Bamboodle

Shop 2148B, Level 2, Westfield,  
159-175 Church St, Parramatta  
T: 9633 9402 / [www.bamboodle.com.au](http://www.bamboodle.com.au)  
Mon-Sat: 11am-9.15pm / Sun: 11am-9pm  
Need a quick Thai fix in the city?  
Budget friendly *Bamboodle* let's you  
make your own meal with your choice  
of noodles, meat, vegetables and a  
range of sauces. A lunchtime haunt  
for many, join the queue for pad thai,  
pad see iw and deliciously filling red  
chicken curry on rice. (*Thai*)

Entrée \$1.50-7.50 / Main \$10.50-15.50



## The Coffee Emporium

Shop 2184A, Westfield Ground Floor,  
159-175 Church St, Parramatta  
T: 9633 9113  
Mon-Tue: 7am-6pm / Wed: 7am-9pm  
Thu-Fri: 7am-10pm / Sat: 7am-10pm  
Sun: 8am-9pm / Menu between \$3-10.50  
(*Café*)



## The Loft Café

Shop 4071, Level 4 Westfield,  
159-175 Church St, Parramatta  
T: 9633 5638 / Mon-Sun: 8am-5pm  
Sun: 9am-5pm / Thu: 8am-9pm  
Entrée \$4-6 / Main \$9-14.50  
(*Café*)



## Max Brenner

Shop 2187, Level 2, Westfield,  
159-175 Church St, Parramatta  
T: 9635 7566 / [www.maxbrenner.com.au](http://www.maxbrenner.com.au)  
Mon-Thu: 9am-10.30pm

Create the hot chocolate of your  
dreams by mixing your own Chocolate  
to milk ratio with a *Max Brenner*  
signature drink. Also popular are the  
desserts: Belgian waffles are an after  
dinner treat while 'Tutti Frutti' waffles  
of strawberry ice cream, banana  
and chocolate are a winner with the  
schoolies. (*Chocolate, Café*)

Menu between \$8.50-18



## Phó Pasteur Vietnamese Cuisine

Shop 2185A, Level 2, Westfield,  
159-175 Church St, Parramatta  
T: 9687 5669 / 7 days: 10am-10pm  
While the Westfield branch has more  
modern fittings than the Church  
St original, both share the same  
Vietnamese dishes and general  
cooking styles. Go for the rice dishes  
topped with fried chicken or grilled  
pork, or the banh xeo – a crispy  
pancake filled with prawns, pork and  
bean sprouts served with sweet chilli  
sauce. (*Vietnamese*)

Entrée \$7.50-11.50 / Main \$10-28





SAHARA

## Sahara

Shop 2185, Level 2, Westfield,  
159-175 Church St, Parramatta  
T: 9687 7898

[www.sahararestaurant.com.au](http://www.sahararestaurant.com.au)

7 days: 10am-late

Some would tell you the best weekend breakfast can be found right here in the city. Turkish Brekky is a Mezza plate of olives, fetta, Turkish Sujuk (a spicy grilled sausage), scrambled eggs, cucumber and tomato. Turkish bread is baked on premises. Mamma's Omelette is also worth a try with baby spinach and fetta, locals can't go past the Sahara Benedict of smoked salmon 'Pastirma'. For dinner there's oven braised lamb shanks with garlic and herb mash \$26.90 and then there's the Adana Shish of seasoned minced lamb on skewers, a house specialty served with garlic aioli and pilaf rice \$21.90. (Turkish, Mediterranean)

Entrée \$8-17 / Main \$15-28



## Sushi Bay

Shop 2185, Level 2, Westfield,  
159-175 Church St, Parramatta  
T: 9874 8855 / [www.sushibay.com.au](http://www.sushibay.com.au)

Sun-Wed: 11.30am-9pm

Thu-Sat: 11.30am-9.30pm

For a quick lunch, nothing beats a sushi train. With handmade rolls made before your eyes, all items are quickly plated on colour-coded plates according to price. If your favourite isn't doing the rounds on the train, you can also order off the menu. Teriyaki rice and udon dishes are also available. (Japanese)

Entrée \$2.50-7 / Main \$8-16.50



## Toscani's

Shop 2184, Level 2, Westfield,  
159-175 Church St, Parramatta  
T: 9891 4978 / [www.toscanis.com.au](http://www.toscanis.com.au)

Mon-Thu: 8am-10pm / Fri-Sat: 8am-11pm

Excellent café style food during the day and hearty meals in the evening, what can't you get at Toscani's? Lunchtime pasta fixes for \$12 are a hit with the working crowd. For dinner? Lamb shanks and chicken parmigiana are the most ordered items off the menu. (Italian, Mediterranean)

Entrée \$7-15 / Main \$14-29



## Westfield Parramatta

159-175 Church St, Parramatta  
T: 9891 3929

[www.westfield.com/parramatta](http://www.westfield.com/parramatta)

Contact Centre Management for details on the many cafés and food court options available within Westfield. Westfield has two major food courts and many cafes and eateries on every level.

Home to a range of tasty eateries, lively outdoor beer gardens and stylish cafes – up and coming George St is ever-evolving with plenty of great new places to try this year

**PARRA  
MATT**

# George Street

## Albion Hotel

135 George St, Parramatta  
9891 3288 / [www.albionhotel.com.au](http://www.albionhotel.com.au)

Lunch – Mon–Sat: Noon–3pm,  
Sun: Noon–4pm / Dinner – Mon–Sat:  
5–10pm, Sun: 5–9pm

Enjoy lunch or dinner at one of Parramatta's liveliest venues. Their extensive bistro menu includes all your pub food favourites from beer battered fish & chips (\$18), Grilled snapper fillet with kipfler potatoes, green beans and mustard aioli (\$23), steak sandwich with rocket, onion jam and tomato (\$16) plus there's veggie and beef burgers from \$15.

A selection of pizzas also available. Functions in house can be catered, the bistro has a separate menu of platters and canapés as well as buffets for large groups.

**Menu between \$10–24**

## Ben Thanh Pho

42 George Street, Parramatta  
Mon–Sun: 11.30am–8pm

This neat little noodle bar does walk in trade only, no phone orders and no reservations! A cute and clean eatery, their specialty is the raw beef noodle soup, but if raw meat is not your thing, there's 6 others to choose from including, vegetable, chicken and

pork belly from \$8.50. There's also a selection of meat and rice dishes from \$11. (Vietnamese)

**Entrée \$8.50–12**



## Café One 80

Shop 5/6, 180 George Street, Parramatta  
T: 9633 9244

Mon–Thu: 6am–9pm / Fri: 6.30am–11pm

Sat: 7am–12pm / Sun: 8–12pm

**Entrée from \$6.50 / Main \$13–20**

(Café)



## Carne Station Restaurant

100 George St, Parramatta / T: 9633 5788

Lunch – Fri–Sun: Noon–3pm

Dinner – 7 days: 5–10pm

This Korean-style BBQ buffet has been operating for over 10 years in the area with a loyal meat lovers following. Regulars love the clean surrounds, great service, fresh meat buffet and the cook-it-yourself format. Try the beef, lamb or seafood marinated in fragrant sesame oil and Korean spices. Buffets start from \$26.50 Monday to Thursday and \$29.50 from Friday to Sunday.

(Korean)

**From \$26.50**



## China Star Restaurant

Shop 32, 55-67 George St, Parramatta  
T: 9635 8988 / [www.changjuyuan.com.au](http://www.changjuyuan.com.au)  
Lunch - Mon-Fri: 11am-3pm, Sat-Sun:  
Noon-3pm / Dinner - 7 days: 5-9pm

This new modern restaurant specialises in North East Chinese cuisine: pan fried dumplings, lemon chicken, stir fried king prawns and spicy noodle soup are regular favourites. Must try items include the 'Special pancake with pork and soy bean sauce' from \$9.80, crispy sweet and sour pork (\$12.80) and the combination vegetables with pork ribs served with corn flour pancakes from \$19.80. And it's BYO and cash only. (Chinese)

Main \$10-25



## Coffee House Café

Shop 2, 81 George Street, Parramatta  
T: 9635 7677 / Mon-Fri: 6am-4pm  
From \$4.90  
(Café)



## Collector Garden Bistro (Collector Hotel)

100 George Street, Parramatta  
T: 9689 1122 / [www.collectorhotel.com.au](http://www.collectorhotel.com.au)  
Lunch - Mon-Fri: 11.30am-3pm  
Dinner - Tue-Fri: 5-9pm

Here at the *Collector Garden Bistro* you can have the best of both worlds from the delectable Thai inspired menu from Saffron Thai Restaurant to contemporary pub meals. Thai picks include the duck red curry with tender duck fillets, lychees, pineapple pieces in a rich coconut milk curry (\$16.50), chicken pad thai with bean sprouts, shallots and peanuts (\$11.50) and wok tossed chicken tamarind of crispy chicken topped with a sweet and sour Tamarind sauce. (Modern Australian, Thai)

Entrée \$6-9 / Main \$10-20



## The Dairy Thai & Chinese Food

Shop 2F, 110 George Street, Parramatta  
T: 9891 2528 / Mon-Fri: 10.30am-4pm  
Daily selection of hot Asian food from laksas, noodles, chicken and rice

dishes to noodle stir fries. Popular with the office crowd and very good value. (Asian)

Menu between: \$6-12



## Danes /Espresso 101

1/101 George St, Parramatta  
T: 9891 2253 / Mon-Fri: 7am-5pm  
Entrée menu between \$3-7  
(Café)



## Di Pacci Espresso Bar

Shop 2, 130 George Street, Parramatta  
T: 9633 4002 / Mon-Fri: 6am-4pm  
Menu between \$8-15  
(Café)



## East Port Chinese Restaurant

Shop 1, 38-40 George Street, Parramatta  
T: 9635 5666  
7 days: 11.30am-3pm, 5.30-9.30pm

Traditional Northern style Chinese cuisine, buffet lunch at \$8.80 p.p is available Monday to Friday - the spread includes beef, chicken and stir fried dishes plus noodles, soups and spring rolls. The menu changes daily. For dinner, it's hard to go past what they do best here: Steamed whole barramundi in a light ginger, shallot and soy sauce (\$26.50) or the crispy roast duck (\$15.80). (Chinese)

Entrée \$10.80-15 / Main \$10-20



## Food Friends

2/81 George Street, Parramatta  
T: 9633 3670 / Sat-Sun: Dinner 6-10pm

A cute Korean eatery serving up favourites like marinated beef, chicken and pork katsu dons, udon noodle soups, plus a range of teriyaki dishes. (Korean)

Entrée \$6-15 / Main \$10-20



## Gin-Za Japanese Sushi Bar

Shop 6,55-57 George Street, Parramatta  
T: 9635 8411 / Mon-Sat: 11.30am-9.30pm  
Cosy Japanese eat-in restaurant serving a range of tempura, udon noodle dishes, sushi platters and

chicken and beef teriyaki bento boxes. The sushi à la carte menu includes scampi, scallop, salmon roe, king fish, eel prawn and tuna varieties from \$2.50 per piece. A selection of hand rolls and nori rolls are available for lunch from \$4. Deluxe Sushi Platter (\$55) is great for groups to share and a great way to sample a selection of fresh seafood.

Entrée \$4.50-10 / Main \$10-18



## Gosh Coffee

Perth House, 85 George Street, Parramatta  
T: 9687 3642

Mon-Fri: 6.30am-6pm / Sat: 8am-3pm

Menu between \$5-10

(Café)



## Ground Floor Café & Espresso Bar

Shop 2, 80 George Street, Parramatta

T: 9687 0223 / Mon-Fri: 6.30am-4pm

Menu from \$5

(Café)



## Hong Fu North East Chinese

Shop 6, 103 George Street, Parramatta

T: 9891 1225

Wed-Mon: 11.30am-3pm, 5.30-10pm

This tiny little noodle house packs a punch when it comes to favourable

reviews throughout the city. Regulars love the authentic cuisine and low-key vibe. Fresh shallot pancakes (\$3.50) are a great starter, so too the variety of home-made dumplings – steamed or pan fried (\$8.90). You can taste the freshness of hand stretched noodles made in house with its springy, bouncy texture. Try the lamb noodle stir fry with vegetables (\$9.90) and the spicy minced pork and tofu (\$9.90). (Chinese)

Menu from: \$3.50-22



## Hudsons Coffee

110 George Street, Parramatta

T: 9687 3602 / [www.hudsonscoffee.com.au](http://www.hudsonscoffee.com.au)

Mon-Fri: 6.30am-5pm

Menu between \$3-10

(Café)



## In The Mood For Thai

52 George Street, Parramatta

T: 9633 3790 / [www.thairiffic.com.au](http://www.thairiffic.com.au)

Mon-Fri: Noon-3pm, 5-10pm

Sunday: Noon-10pm

Contemporary Thai cuisine in a quirky modern setting, this open plan restaurant does a busy lunch trade and is also a popular choice for mid week dinners after work. House specialties include the whole steamed Barramundi with sweet chilli dipping sauce (from \$30) and their signature Pad Thai with tamarind sauce your choice of king prawns or chicken (from \$16.90). (Thai)

Entrée from \$8 / Main \$12-35



## Legal Grind

Ground Floor, 9 George St, Parramatta

T: 9687 8383/ [www.legalgrind.com.au](http://www.legalgrind.com.au)

Mon-Fri: 6.30am-3.30pm

Entrée \$4-8 / Main \$4-16

(Café)



## The Lighthouse Seafood Restaurant (Pappy's)

80 George St, Parramatta / T: 9635 8388

[www.lighthousefunctions.com](http://www.lighthousefunctions.com)

7 days: Noon-2pm, 6-10pm

The restaurant's bar downstairs – 'Pappy's' best known for cold beers and fancy cocktails does a selection



of bar food, most popular being the fish and chips, but for a seafood feast, head upstairs to the Lighthouse. The pre-fixe banquet menu is three courses at \$39 per person. Choose from garlic prawns, smoked salmon, sirloin steak, chicken kiev or fish of the day in filo pastry. For dessert, there's a choice between the house made tiramisu or profiteroles. (*Seafood, Modern Australian*)

**Entrée \$14-18 / Main \$26-35**



## M C Tasty Fillings

Shop 2B, 110 George Street (entrance via 99 Phillip St), Parramatta

T: 9635 9393 / Mon-Fri: 6am-4pm

Menu from \$5

(Café)



## M&J Thai Cuisine

19 George Street, Parramatta

T: 9635 8043 / [www.woolpackhotel.com.au](http://www.woolpackhotel.com.au)

Mon-Sat: Noon-3pm, 6-9pm

Located inside the Woolpack Hotel, this stylish, recently renovated restaurant is the perfect venue for a business lunch, casual catch up or relaxing dinner after work. For something a little bit more unusual than your usual Thai favourites (but very authentic), try the Thai style fried rice with crab meat (\$10.90), minced chicken omelette (\$12.90) or the

fried mussels in a delicious rice flour batter served with sweet chilli sauce (\$12.90). And, there's an \$8.50 lunch special on weekdays. (*Thai*)

**Entrée \$5-8 / Main \$10.90-14.90**



## Oriental Tucker Box

Shop 4, 101 George St, Parramatta

T: 9633 1488

[www.orientaltuckerbox.com.au](http://www.orientaltuckerbox.com.au)

Mon-Fri: 9am-7.30pm / Sat: 9am-4pm

Sun & public holidays closed

Authentic Malaysian and Asian dishes cooked with home-made pastes. House specialties include the Hainan Chicken Rice (\$8.90), laksa noodles with chicken or prawns (from \$8.90) and the buttery Roti Chanai of Malay style pancake served with curry (\$7.90). Restaurant quality meals at takeaway prices! (*Malaysian, Chinese*)

**Main \$8-10**



## Phó Ben Chinese & Vietnamese Restaurant

5/55-57 George St, Parramatta

T: 9689 3310 / [www.phoben.com.au](http://www.phoben.com.au)

Sun-Wed: 11.30am-9.30pm

Thu-Sat: 11.30am-10pm

One of Parramatta's original Pho houses, this low-key eatery is a lunchtime hit! For a fresh and healthy meal on the go, their signature Pho

ORIENTAL TUCKER BOX



(rice noodle soup) comes with beef or chicken from \$9. Other house specialties are the char-grilled pork chop with rice (\$10) and Vietnamese rice paper rolls from \$5. Great selection of Vegetarian options available. (Vietnamese)

Entrée \$5-14 / Main \$9-28



## Piri Piri Flame Grill Chicken

Shop 10, 71 George Street, Parramatta  
T: 9687 0999 / Mon-Fri: 8am-4pm

One of the best chicken burgers in Parramatta: succulent tender chicken breast, lettuce, chilli and mayonnaise for \$6. Try the lunch special of half a Portuguese chicken, chips and a drink for \$10, or take a whole one home for \$13. (Chicken Shop)

Menu between \$6-15



## Ruchi Indian Eatery

Shop 27 (Parramall), 55-67 George St, Parramatta / T: 9635 1107  
11am-3pm, 5-10pm

Whether you're after dine-in, takeaway or home delivery, you'll find it here at *Ruchi*. Conveniently located in Parramatta Mall, *Ruchi* is open for both lunch and dinner. Grab a lunch special for just \$9. There are classics like butter chicken and lamb korma, or be adventurous and try out one of the many other dishes, like chilli paneer or lamb/chicken vindaloo. *Ruchi* sells jalal meats. (Indian)

Menu between \$12-20



## Roxy Bistro

69 George St, Parramatta / T: 9687 4221  
Sun-Fri: Noon-10pm / Sat: 3pm-late

Perfectly positioned inside the Roxy's central courtyard with a good view of the bustling George St precinct. There are some delicious specials available here and with a tasty beer what better place would you rather be? (Modern Australian)

Menu between \$12-20



PIRI PIRI

## So Fresh Café

Shop 1, 75 George Street, Parramatta  
T: 9687 3277 / Mon-Fri: 6.30am-3pm

Menu from \$5

(Café)



## Spice Gourmet Thai

The Roxy Arcade, Shop 1, 71 George St, Parramatta / T: 9633 4059

Lunch - Mon-Fri: Noon-3pm

Dinner - 7 days: 5.30-10pm

Great location right out the front of the Roxy Arcade, *Spice Gourmet Thai* does a busy takeaway lunch trade. Inside is a comfortable modern restaurant and mid week dinners are popular here too. House specialties are the pad thai, green chicken curry and the Massaman Beef. (Thai)

Entrée \$7-9, Main \$12-18



## Sumo Parramatta

The Roxy Arcade, Shop 6, 71 George St, Parramatta / T: 9633 3152

Mon-Fri: 11.30am-5pm

Newly re-opened, and tucked away at the back of the Roxy Arcade - *Sumo* has a healthy selection of quick Japanese and Korean meals. There's chicken, fish or beef teriyaki (from \$9), ramen and udon noodles, yaki soba stir fried noodles (from \$9) and Korean BBQ beef sizzling plates

served with rice and miso soup \$10. There's also a sushi bar with fresh sushi rolls as well as lunchtime bento boxes. (*Japanese, Korean*)

**Menu between \$9–15**



## Sweet Street

Suite 11, 103 George St, Parramatta

T: 9687 4455 / Mon–Fri: 8am–7pm

Sat: 8am–6pm / Sun 9am–4pm

A cute patisserie serving cakes, biscuits, tarts and coffee. Most mini cakes – chocolate mousse, chocolate ganache, tiramisu, forest berries cake and cheesecakes are a steal at \$3.60 and the velvety smooth vanilla slices (\$3.60) disappear like hot cakes so get in quick. (*Speciality Café*)

**Menu between \$2–4.50**



## Temasek Restaurant

The Roxy Arcade, Shop 2–4,  
71 George St, Parramatta / T: 9633 9926  
Tue–Sun: 11.30am–2.30pm, 5.30–10pm,  
last orders 9.30pm

It's not an exaggeration to say that this little restaurant's following is a bit cultish. People travel far and wide from all over Sydney to experience Temasek's authentic Singaporean and Malaysian cuisine. Lunch specials from Tuesday to Friday are popular with the work crowd with meals like dry curry chicken noodle, nasi goreng and chicken laksa for under \$10 (From 11.30–2.30pm only).

(*Singaporean, Malaysian*)

**Entrée \$5–8 / Main \$12–25**



## Too Sit Noodle Bar (The Roxy)

Shop 2F, 110 George Street, Parramatta

T: 9891 2528 / Mon–Fri: 10.30am–4pm

Talk about Thai with a difference! From stir-fry to surf'n'turf, beef salad to beer battered fish, the whole group can agree on *Too Sit* at the Roxy Hotel. With pizza to boot, they offer a well-rounded menu for all tastes. You can even design your own dish with *Too Sit's* noodle bar menu. Choose from vegetables and tofu, chicken, pork, beef, duck, squid, fish, prawns or a seafood selection, then pick your

noodle and sauce of choice. For take-away and delivery, there's a choice of set menus with fantastic savings! (*Thai, Western*)

**Entrée \$6.50 / Main \$14**



## Vietastic

Shop 26, 55–57 George St, Parramatta

T: 9633 9794

Mon–Wed: 10.30am–7pm

Thu–Fri: 10.30am–8.30pm

Sat: 11am–3.30pm

Traditional Vietnamese cuisine prepared with the freshest ingredients, Vietastic serves tasty beef Pho, aromatic laksa and a large selection of traditional rice dishes with fried pork or chicken. A quick, healthy and affordable eatery. (*Thai, Asian*)

**Entrée \$7 / Main \$8–16**



## Vyshu Indian Eatery

Shop 27, 55–57 George St, Parramatta

T: 9635 1107 / [www.vyshu.com.au](http://www.vyshu.com.au)

7 days: 11am–10pm

No-frills Indian eatery, order à la carte or from the hot food counter. Large selection of Samosas, curries, Thalís and Dosa – all at very affordable prices. House special is the 'Chicken 65' of tender pieces of chicken tossed with ginger, garlic, curry leaves and indian spices (\$7). (*Indian*)

**Entrée \$4–6 / Main \$8–10**



## Xing Shun Chinese Restaurant

1/28–40 George St, Parramatta

T: 9635 5666 / Mon–Sun: 11am–9.30pm

This narrow Chinese eating house offers an authentic menu with all your regular standard dishes from Mongolian Lamb, Ma Po tofu, stir fried noodles and a selection of BBQ meats. (*Chinese*)

**Menu between \$8–30**



## Zesti

Shop 3, 81 George St, Parramatta

T: 9633 2390 / Mon–Fri: 7am–3pm

**Menu between \$5–10**

(*Café*)



The city offers a vast selection of eating venues within its parks, international hotels, registered clubs, bars and heritage buildings. Whether it's a quick snack or a business lunch you'll be spoiled for choice!

**PARRA  
MATT**

# City and Surrounds

## Bar Qualia

154 Marsden Street, Parramatta  
T: 9687 8008 / Mon-Fri: 6.30am-3.30pm  
Menu between \$7-18  
(Café)



## Bar Rista Espresso

24 Hunter Street, Parramatta  
T: 9633 9666 / Mon-Fri: 7am-4pm  
Menu between \$4-10  
(Café)



## Beanie Café

Shop 2, 10 Smith Street, Parramatta  
T: 9891 5251 / Mon-Fri: 7am-5pm  
Menu between \$5-20  
(Café)



## The Brooklyn

5/2 Horwood Place, Parramatta  
Mon-Fri: 7am-5pm / Menu between \$5-12  
(Café)



## Café 31

31-39 Macquarie St, Parramatta  
T: 9633 1454 / Mon-Fri: 7.30am-4.30pm  
Menu between \$10-19.50  
(Café)



## Café 88

Parramatta Leagues, 15 O'Connell St,  
Parramatta / T: 8833 0777  
[www.parraleagues.com.au](http://www.parraleagues.com.au)  
Mon-Sun: Noon-2.30pm / Dinner Sun-Thu:  
5.30-9pm / Fri-Sat: 5.30-9.30pm  
Menu between \$4.95-10.95  
(Café)



## Coca Lane Coffee Bar

1 Smith Street, Parramatta  
T: 9635 6651 / [www.limelinecafe.com.au](http://www.limelinecafe.com.au)  
Mon-Fri: 6am-4pm  
Menu between \$5-12  
(Café)



## Coffee and...

70 Macquarie St, Parramatta  
T: 98939355 / Mon-Fri: 6.30am-3pm  
Menu between \$8-10  
(Café)



## Commercial Hotel Bistro

Cnr Station and Hassall St, Parramatta  
T: 9635 8342  
[www.thecommercialhotel.net.au](http://www.thecommercialhotel.net.au)  
7 days: Noon-3pm, 5-9pm  
The newly renovated *Commercial Hotel  
Bistro* has a good selection of pub  
meal favourites, all affordably priced.  
For hearty bistro fare you can't go  
past their delicious burgers, fish and

chips, bangers & mash and anything off their specials menu! (*Pub meals, Modern Australian*)

Menu between \$10-30



## Dana's Kitchen

30 Charles St, Parramatta / T: 9633 1867

Mon-Sat: 10am-9pm / Sun: 5-9pm

This busy Korean eatery is low key but big on flavour and authenticity. Try the salt and pepper fish, traditional Korean-style barbequed meats marinated in sesame and soy as well the quintessential rice dish – bibimbap with vegetables, beef mince and a fried egg on top. (*Korean*)

Menu between \$10-15



## De France Café

Shop 17, 162 Church St, Parramatta

T: 9687 5883

Mon-Fri: 6am-5pm / Sat: 6am-2pm

Menu between \$4-12

(Café)



## Decco Café

Shop 1, 25 Smith St, Parramatta

T: 9633 3567

Mon-Fri: 6.30-4pm / Sat: 7am-3pm

Menu between \$5-18

(Café)



## Fine Food King

284 Church St, Parramatta

T: 9635 7766 / [www.finefoodking.com](http://www.finefoodking.com)

Mon-Sat: 11am-10pm / Sun: 4-10pm

Great value simple Asian food with prompt service for an in-and-out lunch or snack. Try the signature 'rainbow' steak (\$12.90) or 'tropical chilli steak' (\$12.90) (*Asian*)

Menu between \$7.90-15



## Flavour Of Ceylon

Shop 2, 20-22 Macquarie St, Parramatta

T: 9893 9033 / [www.flavourofceylon.com](http://www.flavourofceylon.com)

Mon-Fri: 11.30am-2.30pm

Wed-Sat: 6-10pm

Sri Lankan dishes come lightly spiced at this local favourite with BYO. Try the devilled calamari, deliciously spiced with onion, tomato, capsicum and chilli. Mango chicken is also a

favourite with chicken fillets cooked in a Tandoori oven served with a thick mango flavoured curry. (*Sri Lankan, Indian*)

Entrée \$7.50-8.90 / Main \$9-20



## Hanna's Café

Shop 1, 33-35 Cowper St, Parramatta

T: 9633 1007 / Mon-Fri: 7am-3pm

Menu between \$5-10

(Café)



## Ivory Restaurant (Mantra Parramatta)

Cnr Parkes St & Valentine Ave, Parramatta

T: 9685 1600

[www.mantracityhotels.com.au](http://www.mantracityhotels.com.au)

Breakfast – Mon-Fri: 6am-9.30am,

Sat-Sun: 7-10am / All dining 10am-10pm, closed Sun

Warm and inviting, with easy access to Westfield and CBD this hotel dining room also does business lunches in style. Try the medallion of pork fillet served on noodles and baby carrots or the sesame crusted Atlantic salmon.

(*Modern Australian*)

Entrées \$10.50-\$17.50, Main \$23-\$36



## JJ Sushi

186-190 Church St, Parramatta

T: 9891 1399

Mon-Wed: 11.30am-7.30pm

Fri-Sat: 11.30am-8pm

No-frills sushi train with plates starting from just \$2.80. Off the menu there are rice bowls like chicken teriyaki and pork katsu don and noodle udon dishes from \$8. Great for a quick in-and-out lunch. (*Japanese Sushi Train*)

Entrée from \$2.80 / Main \$8-13



## Johnny's Café

2 Horwood Place, Parramatta

T: 9689 1615 / Mon-Fri: 6.30am-5pm

Sat: 7.30am-12.30pm

Menu between \$5-12

(Café)



## JR's Café Espresso Bar

Shop 7, 10 Hunter Street, Parramatta

T: 9633 5822 / Mon-Fri: 6am-4pm

Menu between \$5-10

(Café)



## Kanteena on Smith

Shop 2, 16 Smith Street, Parramatta

T: 9687 3111 / Mon-Fri: 6am-3.30pm

Menu between \$5-12

(Café)



## Lachlan's, Old Government House

Parramatta Park, Parramatta

T: 9687 2662 / [www.lachlans.com.au](http://www.lachlans.com.au)

Fri-Sat: 10am-late / Sun-Thu: 10am-4pm

Located within the National Trust's Old Government House in Parramatta Park, *Lachlan's* is a wonderful location for a long lunch or private function.

Enjoy the private dining rooms, leafy veranda for alfresco dining and a view of the beautiful gardens. The à la carte menu is available lunchtime and Friday evenings while Saturday evenings feature the Chef's Choice menu. Food here is quintessentially Australian using barramundi, kangaroo, fresh seasonal produce as well as a uniquely regional local wine list. (*Modern Australian*)

Entrée \$13.90-16.90 / Main \$26.90-42.90



## Limeline Café

1 Smith St, Parramatta

T: 9635 6651 / [www.limelinecafe.com.au](http://www.limelinecafe.com.au)

Mon-Fri: 6am-7pm / Menu between \$5-12

(Café)



## Mac Q Café

Shop 1, 70 Macquarie St, Parramatta

T: 9635 7045 / Mon-Fri: 6.30am-4pm

Sat: 6.30am-2pm / Menu between \$5-10

(Café)



## Macquarie Street Café

5/20 Macquarie St / T: 9635 7955

Mon-Fri: 6am-3.30pm

Menu between \$4-10

(Café)



## Mykonos European Café Bar & Restaurant

57 Macquarie St, Parramatta

T: 9368 7900 / [www.partyvenue.com.au](http://www.partyvenue.com.au)

Mon-Sat: Noon-late / Sun: 6pm-late

Just like the island it's named after, *Mykonos* is the perfect party venue! The super-friendly staff promise to deliver your best-ever event. Or drop by at lunch for a coffee and one of the best Mediterranean subs you'll ever try! Dinner reservations are highly recommended. If you've got a function to organise, leave it with the staff at *Mykonos* and they won't



MYKONOS

disappoint. It's a complete night out, where you can eat, drink and dance the night away. Great for hens' nights, Christmas parties, birthdays... or any other party for that matter! (Greek, European)

**Entrée \$10 / Main \$20**



## Neelam Indian Restaurant

79 Macquarie St, Parramatta / T: 9635 9476  
[www.neelamrestaurant.com.au](http://www.neelamrestaurant.com.au)

Lunch - 7 days: Noon-3pm

Dinner - Sun-Thu: 5.30-11.30pm,

Fri-Sun: 5.30-11pm

Open for lunch and dinner the chef's specialty is home-style chicken curry in a rich spicy sauce. There are also desi murji (chicken on the bone), delicious vegetarian paneer masala and a sensational bakra punjabi Masala, a tender goat curry. (Indian)

**Entrée \$6.90-15.90 / Main \$9.90-17.90**



## Parramatta Park Café and Function Centre

Parramatta Park, Parramatta

T: 9630 0144 / [www.ppeventcentre.com.au](http://www.ppeventcentre.com.au)

Mon-Fri: 8am-3.30pm / Sat: 8am-4pm

Breakfast is available all day in this parkland setting with great coffee and daily fresh baked muffins and cakes.

For lunch there are pizzas, pastas, grilled seafood and fish and chips.

(Café & Function Centre)

**Menu between \$5-20**



## Parramatta RSL Restaurant

Cnr Macquarie and O'Connell Sts

T: 9633 5177 / [www.parramattarsl.com.au](http://www.parramattarsl.com.au)

Mon-Sun: Noon-2pm, 5.30-8.30pm

A great range of bistro food at affordable prices. Regulars love the braised lamb shanks served with mashed potato with gravy and peas from \$16.50 as well as the gourmet steak sandwich with rocket, parmesan, olive tapenade and aioli from \$16. (Modern Australian)

**Entrée \$8 / Main \$13-22**



## PJ Gallagher's Irish Pub Bar & Restaurant

74 Church Street (Cnr Parkes), Parramatta

T: 9635 8811 / [www.pjgallaghers.com.au](http://www.pjgallaghers.com.au)

Mon-Sat: 10am-4am / Sun: 10am-midnight

First opened in 1999 as the grandest and most authentic Irish pub ever to open in New South Wales, the home-made beef & Guinness pie of slow-braised beef cooked with onions is cooked for four hours! It's topped with Irish mash & pea puree and luckily you won't have to wait 4 hours for your order. Match it with Guinness beer of course! Also on the menu is a large selection of steaks and pizzas. (Modern Australian)

**Entrée \$14-24 / Main \$15-37**



## PJ's Café

Cnr Macquarie Street and Horwood Place, Parramatta / T: 9633 2988

Mon-Fri: 7am-5pm / Menu from \$10

(Café)



## Port Bar & Restaurant

36 Charles Street, Parramatta

T: 9687 8823 / [www.portbar.com.au](http://www.portbar.com.au)

Mon-Thu: 9am-10pm / Fri: 8am-10pm

Sat-Sun: 7am-10pm

Port has one of the prettiest locations in the city with an outdoor deck overlooking the river and parklands. Its Italian inspired menu features pasta, risotto, gourmet pizzas and meat dishes. Spaghetti alla Putanesca in a rich sauce of olives, capers, anchovies and cherry tomatoes is \$17. (Modern Australian)

**Entrée \$14-22 / Main \$16-28**



## Ramy's café

Shop 2, 20 Charles Street, Parramatta

T: 9891 5959 / Mon-Fri: 6am-3pm

**Menu between \$5-12**

(Café)



## Rendevous Point Café

27 Hunter Street, Parramatta  
T: 9687 7466 / Mon-Fri: 6am-4pm  
Menu between \$5-12  
(Café)



## Riverside Central Café

1/34 Charles Street, Parramatta  
T: 9891 3662 / [www.riversideCafe.com.au](http://www.riversideCafe.com.au)  
Mon-Fri: 6.30am-4pm / Sat: 7am-2.30pm  
Entrée \$7-15 / Main \$13.50-18.50  
(Café)



## Romeo's Mediterranean Cuisine

40-42 Cowper St, Parramatta  
T: 9893 9999  
Tue-Fri: 6am-10pm / Sat: 6-12pm  
Sun: Noon-4pm  
Mediterranean cuisine with a Lebanese influence, try the mixed mezze plates of dips, pickles and bread to start. Main course features all your favourites – lamb, kebabs, and fresh grilled seafood. (Lebanese)  
Entrée \$15-18 / Main \$18-25



## Rose and Crown Hotel Bistro

11 Victoria Rd, Parramatta / T: 9630 1405  
[www.roseandcrownhotel.com.au](http://www.roseandcrownhotel.com.au)  
7 days Mon-Fri: Noon-3pm, Dinner 5.30-8.45pm  
Certified seller of Angus Beef quality steaks. The pub bistro does fantastic value meals from daily roasts (\$10) to Angus Scotch fillet (\$24). For the health conscious, there's a tasty seared squid and chorizo salad (\$18) as well as vegetarian options. (Modern Australian)  
Entrée \$6.50 / Main \$10-24



## Tea Tree Café

Shop 2, 20-22 Darcy St, Parramatta  
T: 9806 0688 / [www.pearlinterior.com.au](http://www.pearlinterior.com.au)  
Mon-Wed: 6.30am-3.30pm  
Thu-Fri: 6.30am-5.30pm  
Menu between \$3-10  
(Café)

## Tokyo Japanese Restaurant

Shop 18, 30-32 Charles St / T: 9635 9383  
Mon-Sun: 11.30am-3pm, 5-10pm  
Specialising in sushi and sashimi, this riverside restaurant is a bit of a find! Hidden in the little arcade behind Port Bar, this little hole in the wall does fresh sashimi in salmon, king fish or tuna from \$12 for nine pieces. There's also a selection of hand rolls with prawns, vegetables, eel and crab from \$4 each. And they do take-away! (Japanese)

Entrée \$6-12 / Main \$13-40



## Treetops Café, Parramatta RSL

Cnr Macquarie and O'Connell Streets, Parramatta / T: 9633 5177  
[www.parramattarsl.com.au](http://www.parramattarsl.com.au)  
7 days: Sun-Wed: 10am-11pm  
Thu: 10am-12pm / Fri-Sat: 10am-1pm  
Menu between \$3-8

(Café)



## Twenty One Fifty (Courtyard by Marriott)

18-40 Anderson St, Parramatta  
T: 9687 2150 / [www.marriott.com](http://www.marriott.com)  
Breakfast 7 days / Dinner – Mon-Thu: 6-10pm. No lunch service.  
International-style buffet breakfast daily with fresh fruits, poached fruit, danishes, muffins, a range of yoghurts, croissants, bacon and eggs. Dinners Monday to Thursday try the beef fillet with red wine jus from \$34 or their signature seared squid and chorizo salad \$18. (Modern Australian)  
Entrée \$9-24 / Main \$18-34



## Zucchini Eatery

Shop 3, 144 Marsden St, Parramatta  
T: 9891 5377 / Mon-Fri: 7am-4pm  
Menu between \$5-\$15  
(Café)



Indian eateries, Spice markets and dessert bars – Harris Park is the number one destination for Tandoori lovers. Added to the mix are Lebanese sweet shops, Italian and Greek restaurants and Japanese Teppanyaki.

# Harris Park

## Billu's Indian Eatery

62-64 Wigram Street, Harris Park  
T: 9687 7785 / [www.billuseatery.com.au](http://www.billuseatery.com.au)

Mon-Wed: 10am-10pm

Thu: 10am-10.30pm / Fri-Sun: 10am-11pm

One of the original and the best on the strip, this branch of *Billu's* specialises in Indian desserts of every variety, from syrupy dumplings to frozen kulfi and home-made ice creams. Great atmosphere at lunchtime, do as the locals do and order a South Indian Thali plate with a selection of curries, hot naan, and relishes. The potato masala dosa is also delicious with a spicy vegetable mixture rolled in a giant crisp Indian style pancake. *(Indian)*

Entrée \$8-15 / Main \$12-28



## Billu's Indian Snack & Tea House

12 Station Street, Harris Park  
T: 9613 0267 / [www.billuseatery.com.au](http://www.billuseatery.com.au)

Mon-Sun: 10am-10pm

This is vegetarian food at its finest – and even carnivores will enjoy this Gujurati cuisine. Gujurat is a region of the Indian subcontinent, and Sydney-dwelling Gujurati people frequent this snack house for an authentic taste of India. Favourites include *fafda* – deep-fried snacks made from chickpeas and served with

a special dip – and *Dabeli*, which is prepared from a potato and numerous sauces, garnished with peanuts and coriander, and served with a sweet tamarind sauce. *(Indian)*

Menu between \$2-9



## Bombay Masala

56 Harris St, Harris Park / T: 8677 9358

7 days: Noon-10.30pm

A culinary and cultural experience in one! Enjoy both vegetarian and non-vegetarian dishes across the extensive menu, like *palak paneer* and *mango chicken*, as well as delicious breads like *garlic and cheese nans*. *Bombay Masala* has a variety of snacks, Main and soups, as well as seven different rice choices. If you're having trouble choosing, they also serve 'Thali', which is a selection of different dishes. *BYO. (Indian)*

Menu between \$3-14



## Chandni Chowk Indian Takeway

53C Wigram St, Harris Park / T: 9891 5833

Mon-Sun: 10am-10.30pm

Fast and flavoursome is what *Chandni Chowk* is all about. Close to the station, it's the perfect place to drop by for a 'curry in a hurry'. There is no compromise on taste, with the

chef boasting more than 22 years of experience. Catering is also available. Simply choose your budget and you'll be provided with an array of choices to suit your needs. *(Indian)*

**Menu between \$6.90-8.90**

## Chutney Indian Restaurant

66 Wigram St, Harris Park / T: 9893 8202

[www.chutneyrestaurants.com.au](http://www.chutneyrestaurants.com.au)

Mon-Sat: 9am-10pm

A new arrival to the Wigram Street 'Little India' strip, this modern restaurant's specialty is seafood. Specialties include prawn vindaloo, Kerala style prawn malabari- a rich coconut curry with capsicum and tomato and the fish jal frazie of fish fillets with onion, capsicum, tomato and cabbage in a dry gravy all from \$16.90. There's also a great range of vegetarian dishes and dosas. *(Indian)*

**Entrée \$5.50-16.90 / Main \$14.90**



## Connaught Place

69 Wigram St, Harris Park / T: 9633 4455

[www.connaughtplace.com.au](http://www.connaughtplace.com.au)

7 days: Noon-3pm, 6-10pm

Connaught Place offers a fine dining option to the Indian selection on Wigram Street. With an extensive vegetarian menu, owner/ chef Amit Malhotra is committed to the freshest ingredients in a modern setting. Signature dishes include the Khum Hara Pyaz of mushrooms, onions and tomato and fenugreek leaves, and the deliciously good Goat Nihari, slow cooked for 6-8 hours in a delicate curry of onion, ginger, garlic and fragrant garam masala. BYO. *(Indian)*

**Entrée \$6-10 / Main \$10-17**



## Copper Chimney Restaurant

42 Marion Street, Harris Park

T: 9635 0007 / [www.copperchimney.net.au](http://www.copperchimney.net.au)

7 days: Noon-11pm

With both indoor and outdoor seating, *Copper Chimney* is a great restaurant to enjoy a balmy summer's evening. Specialties of the house include: tandoori scallops,

stuffed mushrooms and Indian cottage cheese, the North Indian style pepper lamb and of course, the delicately spiced tandoori chicken, marinated in house daily. The authentic style naan straight from the oven is unmissable. *(Indian)*

**Entrée \$6-20 / Main \$12-20**



## Ginger Indian Restaurant

94 Wigram St, Harris Park

T: 96359680 / [www.gingerindian.com.au](http://www.gingerindian.com.au)

7 days: 11am-11pm

Traditional home-style Indian cuisine in a modern setting, this stylish restaurant does the classics well. For starters try the Boti Kebab – diced lamb marinated in delicate spices, baked in a tandoori oven and served with yoghurt (\$8.90). For curries, there's the Achari Chicken (\$14.90) – cooked in pickles and served spicy, lamb korma (\$14.90) and the prawn Malai curry, a Goan specialty (\$16.90). *(Indian)*

**Entrée \$5.50-10.90 / Main \$11.50-16.90**



## Haveli

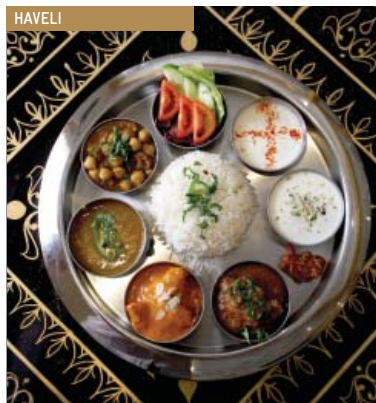
67 Wigram St, Harris Park / T: 9635 0110

[www.havelirestaurant.com.au](http://www.havelirestaurant.com.au)

Mon-Thu: 10am-10pm

Fri-Sun: 10am-11pm

To dine at *Haveli* is to glimpse the rich culture of India, with authentic furniture adorning the converted house recreated as an Indian 'Haveli', or private mansion. The extensive menu offers a wide range of traditional dishes, with daily specials proving popular. With choices like goat masala, fish Madras, vegetable lorma and chicken masala dosa, all



tastes are accommodated. Dining in will provide you with the same ambiance associated with the Indian Havelis, but if you're looking at hosting a function at home, your catering needs can be met with a broad menu featuring vegetarian and non-vegetarian options. *(Indian)*  
**Entrée \$2-15 / Main \$8.90-16.90**



## Indian Chopsticks

77 Wigram St, Harris Park / T: 9891 4177

[www.indianchopsticks.com.au](http://www.indianchopsticks.com.au)

Mon-Fri 5.30-10.30pm

Sat-Sun: 11.30am-10.30pm

One of the few restaurants in Sydney to specialise Indian and Indo Chinese cuisine in Sydney, this casual dining restaurant offers a diverse menu of dishes, from honey chicken (\$13.90) and mongolian lamb (\$13.90) to sizzling Bombay Chilli Fish (\$15.90). The fish curry with tamarind sauce (\$15.90) is a house specialty. *(Indian)*

**Entrée \$6-9 / Main \$12-16**



## Kem Cho!

1/52 Station Street, Harris Park

T: 9635 3323 / [www.kemcho.com.au](http://www.kemcho.com.au)

Mon-Fri: 11.30am-3.30pm, 5-10pm

Sat-Sun: 11.30am-4pm, 5-10pm

New to Station Street, this spacious, clean new Indian restaurant is moments from the city. Excellent selection of vegetarian and meat dishes. Try the crispy samosas made with potato and chick peas, fresh coriander, cummin and spices served with tamarind sauce (\$4.90) or the chicken tikka straight from the tandoor to start (\$9.90). Curries range from mango chicken, lamb vindaloo and goan fish curry from \$13.90). *(Indian)*

**Entrée \$5-13 / Main \$9-16**



## Kuber

70 Wigram St, Harris Park

T: 9893 8202 / [www.kuber.com.au](http://www.kuber.com.au)

7 days: 10am-10pm

Pop in for a chai and a chat at this yummy Indian sweets and vegetarian café. Try the home-made selection of delectable syrupy treats, from the Rasmalai –steamed cheese and



MASHAWI

saffron dumplings in a syrup glaze, Bhatore Chats of spicy sweet chick peas or the refreshingly icy Kulfi in pistachio or mango. *(Indian)*

**Menu between \$5-12**



## Jack's Kitchen

Shop 1, 14-20 Station St, Harris Park

T: 9633 2828

Lunch - Mon-Fri: 11am-2.30pm

Sat: 11am-2pm / Dinner - Mon-Tue:

4.30-8.30pm, Wed-Sat: 4.30-9pm

**Menu between \$6-12**

*(Chinese)*



## Mashawi

56 Marion St, Harris Park / T: 9635 9333

Mon-Fri: 9am-9pm / Sat-Sun: 9am-late

BBQ chicken and meats, salads, dips and an assortment of Lebanese starters like kibbe and skewers. 100% halal. *(Lebanese)*

**Menu between \$10-15**



## Okori Teppanyaki Restaurant

14-20 Station St East, Harris Park

T: 9891 1708

[www.okoriteppanyaki.citysearch.com.au](http://www.okoriteppanyaki.citysearch.com.au)

7 days: 6-11pm

A traditional style Japanese teppanyaki restaurant set in the heart of Harris Park. Teppanyaki sets start from \$32 p.p and includes mixed entrées, prawn, chicken, fish, steak and vegetables. Great choice for an entertaining meal with friends, make sure you practice your catching skills! *(Japanese)*

**Set menus from \$32**



## The Olive Greek Restaurant & Bar

44 Marion Street, Harris Park  
T: 9635 7277

Tue–Fri: Noon–3pm, 6–10pm  
Sat: 6.30pm–late.

This popular Greek restaurant is one of the more famous institutions in Harris Park. Home-made dips like tzatziki and taramasalata are seriously good but the signature dishes without a doubt is the tender falling-off-the-bone lemon baked lamb (\$38) as well as the seafood BBQ platter marinated in traditional lemon, oregano, garlic and olive oil. Bookings essential – this one fills fast. (Greek)

Entrée \$4–28 / Main \$25–37



## Peronis Restaurant

48 Station Street (Cnr Ada St), Harris Park  
T: 9633 2889 / [www.peronis.com.au](http://www.peronis.com.au)

Lunch – Tue–Fri: Noon–2.30pm  
Dinner – Tue–Sat: 6–10pm

Classic Italian cuisine with a modern twist and an extensive wine list, set in a cosy little historic house. Notable dishes are: chicken breast with macadamia nut crust served with Dijon mustard cream sauce, vegetables and herb roasted potatoes (\$26.90) and the double roasted pork belly with roast vegetables and apple relish (\$26.90). Banquet menus are also available, and there's a private dining room. (Italian)

Entrée \$10–19.90 / Main \$21.90–29.90



## Spice of Life

116 Wigram Street, Harris Park  
T: 9762 1033 / [www.spiceoflife.net.au](http://www.spiceoflife.net.au)

Mon–Thu: 11am–10pm  
Fri–Sun: 11am–11pm

One of Australia's largest Indian restaurants has recently opened in Harris Park with space for up to 500 guests. Their extensive à la carte menu covers all the major regional Indian cuisines. Try the spicy Coconut Chicken cooked with dried red chilli, mustard seeds and curry leaves (\$15), or the lamb Haidrabadi Biryani – basmati rice cooked in a special pot

with garam masala, curry leaves and poppy seeds served with a cooling raita (\$14). (Indian)

Entrée \$2.50–12 / Main \$16–24



## Sweetland Patisserie

55 Wigram St, Harris Park / T: 9891 6048  
Thu–Sun: 7am–10pm / Fri–Sat: 7am–11pm

Delicious Lebanese sweets from Baklava, polenta cake, sweet syrupy filo wrapped nutty pillows to strong coffee. (Lebanese)

Menu from \$2.50



## Taj Indian Sweets & Restaurant

91 Wigram St, Harris Park / T: 9633 2118  
[www.tajindianrestaurant.com.au](http://www.tajindianrestaurant.com.au)

7 days: 10am–10pm

Taj at Harris Park offers 100% pure vegetarian North and South Indian Food. It also boasts one of the largest selections of Indian sweets in Sydney. Extremely popular in the South Indian range is the masala dosa, served with chutney and sambar. From the North Indian menu; the Thali meal; with four curries, a serving of rice, nan, salad, pickle and sweetdish. Both sell for \$12.90. The lunch specials are good value starting at \$7.90 with different curries rotating throughout the week, while vegetarian samosa sell for \$2.50 each (chutney included). (Indian)

Entrée \$8–7.50, Main \$9.90–12.90



## Taza Tandoori Restaurant

67 Marion Street, Harris Park  
T: 9689 1088 / [www.tazatandoori.com.au](http://www.tazatandoori.com.au)

Mon–Sat: 11am–3pm, 5pm–10.30pm  
Sun: Noon–10.30pm

This casual eatery specialises in Indian Chinese cuisine. Let host Lala Bhatia guide you through their extensive menu ranging from Chinese favourites from stir fried egg noodles and sweet and sour prawns to Goan chicken curry made fresh with curry leaves and spices. Catering available. (Indian)

Entrée \$5–17 / Main \$9–20



Make a beeline for the suburb's famous Lebanese style charcoal chicken and garlic dip, Manoosh herbed pizzas or irresistible hand made Middle Eastern pastries dripping in sweet syrup.

# Granville

## Abla's Pastry

48-52 Railway Parade, Granville  
T: 9637 8092 / [www.albaspastries.com.au](http://www.albaspastries.com.au)  
7 days: 8am-midnight

An emporium of Lebanese biscuits, pastries and cakes baked on premises. After 30 years in the area, *Abla's* popularity is still going strong. Pop in for a cappuccino and a baklava. Open until late, seven days a week there's also a selection of gelato, whole cakes for any occasion and home-made Turkish delight from \$5 a packet. (Lebanese)

Menu between \$2-35



## Ah Thai House

31A South St, Granville / T: 9637 3816  
Mon-Sat: 11am-9pm / Sun: 5am-9pm

Newly renovated with a selection of Asian dishes from Malaysian noodles and laksas to Thai style stir fries and curries. Take-away available. (Asian)

Entrée; \$5-11 / Main \$7-12



## Awafi

Shop1, 43 South St, Granville  
T: 9637 3111 / Mon-Sun: 9am-12pm

Try their famous Lebanese style charcoal chicken with garlic sauce and traditional pickles and dips. Friday nights and weekends are especially

busy so make sure you get in quick for a table outside. Cash only. (Lebanese)

Menu between \$5-20



## Beirut Bakery

66 South St, Granville  
T: 9637 9635 / Mon-Fri: 9am-9pm  
(Bakery)

## Brother's Pizzeria

29 Good St, Granville / T: 9760 2099  
Mon-Sat: 6am-4pm / Sun: 7am-2pm

There's a full range of traditional Lebanese manoosh pizza here – light toppings on a thin crust base. Try the traditional topped with ground herbs (Zaatar), Sujuk (cured lamb) or the 'Lahimbajeen' of spiced lamb mince. (Lebanese)

Menu between \$5-10

## Deek Duke

Cnr William & South Sts, Granville  
T: 9637 8448 / 7 days: 11am-11pm

Italian-style wood fired pizzas. Try the chicken shwarma topping or the 'Deek Duke' special with ham, rocket, parmesan and chilli. There's also Lebanese style charcoal chicken and home delivery. (Lebanese, Italian)

Menu between \$10-20



## El Jannah Restaurant (Charcoal Chicken)

4 South Street, Granville

T: 9637 0977 / [www.eljannah.com.au](http://www.eljannah.com.au)

7 days: 10am–11pm

The garlic sauce here is legendary, one taste and you'll know why! Known for its juicy, tender chicken there's also shwarma, pickles, dips and don't forget to order a side of tabouli. Whole chickens \$9.50 take-away and \$18.50 to eat in. Cash only.

(Lebanese)

Menu between \$5–10

## El Rawda bakery

Shop 1, 291 Clyde St, Granville

T: 9682 4111

7 days: 6am–3pm, 5.30–11pm

Newly renovated with a brand new pizza bar and kitchen, you'll find a full selection of traditional style Lebanese pizzas with toppings like – oregano, cheese, yoghurt, BBQ chicken and meat. (Lebanese)

Menu between \$2–10

## El-Sweetie Pty Ltd

75 South St, Granville

T: 9760 2299 / [www.elsweetie.com.au](http://www.elsweetie.com.au)

Mon–Thu: 7am–midnight

Fri–Sun: 7am–3am

A cute tea saloon with a vast selection of continental and Middle Eastern sweets, cakes and coffee. For lunch there's also deli style wraps and sandwiches. Open until late, it's a popular pit stop after a night out. (Lebanese)

Menu between \$2–20



## Granvilla Florist / Café Zodova

28A South St, Granville / T: 9637 9774

[www.granvillaflorist.com.au](http://www.granvillaflorist.com.au)

Mon–Fri: 6am–5pm / Sat–Sun: 8am–1pm

Smell the roses at this cute café at the back of the florist. There are comfy lounges, coffee, cakes, sandwiches and home-made pasta. (Café)

Menu between \$5–10



EL JANNAH

## Granville Lebanese Bread

83 Cowper St, Granville / T: 9682 3763

Mon–Fri: 7am–5pm / Sat: 7am–1pm

(Bakery)

## Granville Sofra Kebab House

11 South St, Granville / T: 9637 5266

Mon–Fri: 6am–11pm / Sat–Sun: 6am–1am

The first Kebab shop in Granville, it features mouth watering Turkish kebabs and pizzas with a strong local following. Try the Iskender – a very special dish from Turkey consisting of tender kebab slices served on top of chopped Turkish bread with yoghurt and tomato sauce. Famous for serving customers like their own family, Granville Sofra Kebab House is open early and closes late. (Lebanese)

Menu between \$7–18



## Himalaya Pakistani

5 Good St, Granville

T: 9637 8400 / [www.himalaya.net.au](http://www.himalaya.net.au)

Mon–Sun: 5pm–midnight

There is so much to try at this specialist Pakistani restaurant. Haleem of mixed lentils and chicken, beef Nihari curry slow-cooked for four hours and the tandoori charga. For large groups there are the chicken or beef biriyani for \$65 and enough to

share between 10 people. Make sure you order ahead. *(Pakistani)*

Menu between \$10-18



## Ian's Vietnamese & Chinese Restaurant

6/47 South St, Granville

T: 9897 3264 / Mon-Sat: 11am-9pm

A cute Asian diner with popular Chinese and Vietnamese dishes. Swift service and affordable prices. *(Asian)*

Menu between \$5-15



## Leo's Italian Seafood Restaurant

7-9 Good St, Granville / T: 9637 9381

[www.leositalianrestaurant.com.au](http://www.leositalianrestaurant.com.au)

Tue-Sun: 5.30-9.30pm

A pleasant surprise, the dining room here is like eating at your Italian Nonna's with framed pictures on the walls and starched tablecloths. The food is traditional Italian with an emphasis on seafood. Try the crab pasta, and corkage is free. *(Italian)*

Entrée \$10-18 / Main \$10-35



## Lucky International Family Buffet at Granville RSL

5 Memorial Drive, Granville

T: 9637 7888 / [www.granvillersl.com.au](http://www.granvillersl.com.au)

Lunch - 7 days: 11.30am-2.30pm

Dinner - Sun-Thu: 5.30-9pm

Fri-Sat: 5.30-9.30pm

Daily international buffet of Continental and Asian style dishes, choose from stir fries, noodle Chow Mein, hot roast dinners, salads and seafood. Lunch is \$12.90 and dinner is \$19.90 p.p, member discounts also available. *(Australian, Asian)*

Menu between \$12-20



## Punjabi Tadka

103-105 South St, Granville / T: 9760 0500

Sun-Thu: 10am-10pm

Fri-Sat: 10am-midnight

A new Indian restaurant in the area serving authentic curries and desserts. Most popular here is the butter chicken curry, goat masala and selection of Thali platters with your choice of curries. *(Indian)*

Menu between \$5-25



## Saada Bakery

38 Railway Parade, Granville

T: 9682 1905 / Mon-Sat: 7am-4pm

This hidden gem serves traditional meat, zaatar and kishik pizzas, cheese and spinach triangles and delicious bottled yoghurt. *(Lebanese)*

Menu between \$5-10

## Tehran

44 Railway Pde, Granville / T: 9897 5935

7 days: 11am-10pm

Persian flavours infuse the traditional Iranian dishes, and influences from this rich culture can be seen in the simple but effective décor. The diversity of dishes, such as grilled vegetables and barbequed meats, means there's something for everyone. *Tehran* adds to the multicultural culinary experience that Granville has to offer. Close to the station and open for lunch and dinner, you'll find quality food at prices hard to beat. *(Persian)*

Menu between \$10-20



## Thim Thai Restaurant

47 Good St, Granville / T: 9637 8175

Lunch - Mon-Fri: 11.30am-2.30pm

Dinner - Mon-Sun: 4.30p-10.30pm

With lunch specials starting from just \$7 and dinner meals from \$8, it's a no-frills neighbourhood Thai that delivers all the standards. Try the Thai green curry with vegetables (from \$12.60) or the 'crying tiger' salad with seared beef. *(Thai)*

Entrée \$6-12.40 / Main \$7-24



# Guildford

## Alfayhaa Lebanese Restaurant

310 Railway Terrace, Guildford  
T: 9632 1188 / Mon-Sun: 8am-8pm

A family run, low-key Lebanese restaurant with home-style food, popular with local diners. Try the mixed plate of felafels, pickles and dips from \$15 or the beef and lamb shwarma \$10. (*Lebanese*)

Menu between \$7-15



## Barbarino's Bistro @ Crown on McCredie

Cnr Fairfield & McCredie Rds, Guildford  
T: 9632 1888 / [www.thecrownhotel.com.au](http://www.thecrownhotel.com.au)  
Lunch: Noon-2.30pm / Dinner: 6-9pm daily

Adorning the menu of Barbarino's Bistro are classic favourites like \$9 steak & chips (Tue & Sun), \$10 schnitzel, chips & gravy (Mon & Wed), as well as pizza and pasta aplenty. A free coffee machine sits right outside, and you don't even have to miss the game, with a large screen TV set up for all the action. Barbarino's is open daily for lunch and dinner, so you can enjoy a T-bone or tortellini whenever the mood strikes. (*Modern Australian, Italian*)

Entrée \$4-12 / Main \$9-20



## Bek's Place

347 Guildford Rd, Guildford / T: 9632 8203  
Mon-Fri: 5.30am-5pm / Sat: 5.30am-2pm

Head here for one of the best coffees in the area. Bestsellers are the European breakfast – sundried tomatoes, scrambled eggs, salmon and capers (\$16) and the steak sandwich loaded with onions and beetroot with chips and a can of drink for \$9.50. (*Modern Australian*)

Menu between \$5-15



## Chucky's Charcoal Chicken

282-286 Guildford Road, Guildford  
T: 9892 1900 / Mon-Sun: 9am-10.30pm

A sunny lunch bar serving salads, burgers, chicken and coffee. (*Lebanese*)

Menu between \$5-13



## Elmarouk Lebanese Pizza

310 Guildford Rd, Guildford / T: 9632 7352  
Mon-Sun: 6am-4pm

A popular local bakery serving piping hot pizza, 6 days a week. (*Lebanese*)

Menu between \$1-10





ALFAYHA

## The Family Feast Brasserie (Guildford Bowling & Recreation Club)

97 Bursill St, Guildford / T: 9892 3433

[www.guildfordbowlingclub.com.au](http://www.guildfordbowlingclub.com.au)

7 days: Lunch: Noon–2pm, Dinner: 6–9pm

There's a daily hot food buffet menu serving up a smorgasboard of dishes from roast chicken with vegetables and gravy, steaks, lasagne, pizza and pasta to Asian dishes. (Modern Australian)

Menu between \$5–13



## Guildford Deli Café

350 Guildford Rd, Guildford / T: 9632 8434

Mon–Fri: 6am–5pm / Sat: 7am–12.30pm

With 36 years in the area, this friendly deli supplies the freshest cheeses, smoked meats, olives and yoghurt. Your one stop shop for authentic Mediterranean produce. There's also a breakfast menu, gourmet sandwiches, foccacias, wraps and coffee. (Speciality Café)

Menu between \$5–15



## The Guildford Hotel – JP's Pub Grub

309 Guildford Rd, Guildford / T: 9632 0343

Tue: 6–9pm / Wed–Thu: Noon–3pm, 6–9pm

Fri–Sat: 6–9.30pm

Basic bistro meals at affordable prices. Steaks, and try the delicious gourmet pies. (Modern Australian)

Menu between \$5–14



## Guildford Mina Pizzeria

316 Railway Terrace, Guildford

T: 9892 1448 / 7 days: 6am–4pm

Piping hot Lebanese style 'Manoosh' thin pizzas. Toppings are: meat & cheese, vegetables & sausage, spinach & cheese, chicken and cheese & olives. A great lunchtime treat. (Pizzeria)

Menu between \$1.20–7



## Guildford Sofra Kebab & Pide House

331 Guildford Road, Guildford

T: 9632 6334 / 7 days: 9am–late

Traditional Turkish cuisine, open late. Try the Adana charcoal lamb kebab roll (\$8) and traditional Turkish salads. Large selection of Turkish Pide available. Cash only. (Turkish)

Menu between \$5–10

## Hawhar Pastries

300 Railway Terrace, Guildford

Mon-Sat: 8am-4pm

Authentic Lebanese sweets, gelato, pastries and coffee. *(Bakery)*

Menu between \$5-10



## La Profiterole Patisserie

246 Guildford Road, Guildford

T: 9892 1199 / Mon-Sun: 7am-10pm

The cake 'showroom' alone is worth a visit. Beautifully adorned cakes for any occasion especially birthdays and weddings, choose from black forest, double custard, chocolate mud cake, tiramisu and mousse whole cakes (from \$35). There's also home-made ice cream by the tub. *(Bakery)*

Menu between \$10-18



## La Shish Lebanese Restaurant

271 Guildford Rd, Guildford / T: 9632 1847

Mon-Thu: 9am-9pm / Fri-Sat: 9am-10pm  
7 days

A smart little Lebanese eatery in a prominent corner position, with balcony dining. Generous portions and friendly service, try the shwarma mixed plate with felafels, grilled meats and tabouli for \$18. There's also charcoal garlic chicken served with lemon and garlic sauce \$14. *(Lebanese)*

Menu between \$4-8



## Samir Abla Pastry

324 Guildford Road, Guildford

T: 9892 2150 / 7 days: 9am-10.30pm

A tasty stop-in, selling sweets, an assortment of nuts, cakes and pastries. Coffee and juices also available. *(Bakery)*

Menu between \$4-8

## Splash Car Wash Café

265 Guildford Rd, Guildford / T: 9632 7777

7 days: 6am-10pm

A quiet corner to relax while you get your car washed. There's coffee, drinks and snacks. Kids' playroom provided. Convenience plus! *(Café)*

Entrée \$5-10 / Main \$12-18



## Sun Wing Wa Restaurant

315 Guildford Rd, Guildford / T: 9632 2202

Mon-Sat: 11.30am-3pm, 4.30-9.30pm

With more than 30 years in the area, the local taste has not changed much in that time! Favourites are still the sizzling Mongolian lamb, satay chicken and garlic prawns. *(Chinese)*

Entrée \$7-8 / Main \$12-15



## Woody's (Guildford Leagues Club)

Level 1, 34 Tamplin Rd, Guildford

T: 9780 1333

[www.guildfordleagues.com.au/woodys.htm](http://www.guildfordleagues.com.au/woodys.htm)

7 days - Lunch: 11.45am-2pm

Dinner: 5.30-9pm

You'll be spoiled for choice at this family-friendly restaurant. Whether it's a succulent roast or a soup and salad you're after, this all-you-can-eat buffet (including tea and coffee) is sure to satisfy, with an array of dishes to suit all tastes. Real value for money. Club members, seniors and children up to 12 eat at discounted prices. There's plenty of parking, and the restaurant is open for lunch as well as dinner. The international cuisine brings Guildford's multicultural landscape to your table. *(Pub)*

Menu between \$12-20



## Yum Yum Bakery

273 Guildford Rd, Guildford / T: 9892 1917

Thu-Sun: 6.30am-9.30pm

Fresh Lebanese pizzas made daily. Choose from cheese, zaatar, lamb or garlic. *(Bakery)*

Menu between \$5-8



# Westmead

## AJ's Café (Wesley Lodge)

175 Hawkesbury Road, Westmead  
T: 9635 1233 / [www.wesleylodge.com.au](http://www.wesleylodge.com.au)  
Mon-Fri: 5.30-9pm

Located in the heart of Westmead, AJ's serves juicy steaks (\$23-24.50), home-made lasagne (\$14.50) and quiches (\$10.50). The catering service is also popular. (Modern Australian)

Menu between \$10-25

## Andy's Chit Chat Café

Shop 9, 74 Hawkesbury Road, Westmead  
T: 9633 3305 / Mon-Sat 9am-7.30pm

Charcoal chicken, chicken burgers and wraps and all day breakfast. (Café)

Menu between \$5-12



## Bear Bites Café

Level 1, Children's Hospital,  
Hawkesbury Road, Westmead  
T: 9845 3534 / [www.chw.edu.au](http://www.chw.edu.au)  
Mon-Fri: 8am-7.30pm

Sat-Sun: 8.30am-7.30pm

Coffee and a rotating hot food menu of pastas and Asian dishes. (Café)

Menu between \$5 - \$15



## Bear Brasserie

Level 2, Children's Hospital,  
Hawkesbury Road, Westmead  
T: 9635 9366 / Mon-Fri: 8am-7.30pm

Licensed with a range of hot meals, look for the brasserie on level 2. (Café)

Menu between \$5-15



## Daawat Indian Feast

Shop 2, Westmead Shopping Village,  
24-26 Railway Parade, Westmead  
T: 8840 9051 / 7 days: 11am-10pm

Indian menu of vegetarian and meat dishes. Butter chicken, rogan josh, lamb Vindaloo and naan straight out of the tandoor oven. (Indian)

Entrée \$8-18 / Main \$6-15



## Darcy's Courtyard Café

54/35-37 Hawkesbury Road  
Westmead Hospital / T: 9845 5591  
Mon-Fri: 8.30am-12pm

Sat-Sun: 10am-12am

The small central café used by almost everyone visiting the main hospital. Outdoor tables available. (Café)

Menu between \$5-15



## The Flower Lounge

163-173 Hawkesbury Road, Westmead  
T: 9635 0300 / Mon-Fri: 7am-5pm

Newly renovated with a range of gourmet sandwiches, melt and light meals. For lunch the range is extensive from pizza, burger, lasagne to fresh garden salads and wraps.

(Café)

Entrée \$4.50-13.50 / Main \$7.90-14.90



## HOMA Chinese Take Away

Shop 18, 24-26 Railway Parade, Westmead / T: 9633 5241

7 days: Lunch: 11.30am-2.30pm

Dinner: 4.30-9pm

Simple Chinese diner with the full range of traditional recipes. Try the Singapore chilli octopus (\$11.50), chicken in black bean sauce or the Kway Teo noodles. Popular for take-away. (Chinese)

Entrée \$3.50-10 / Main \$11-18

VEG,KIDS,ALF,CAT,BYO,LIC

## Kids Corner Café

Children's Hospital, off Hainsworth St, Westmead / Mon-Fri: 6.30am-5pm

Café style food plus snacks, lollies, chocolates, drinks, great for the kids and parents alike! (Café)

Menu between \$5-15

## Newroz

Shop 5-6/24 Railway Parade, Westmead  
T: 9633 5061 / Mon-Fri: 5.30am-6.30pm

Sat: 7.30am-4pm

The menu is strictly old school: steak sandwiches, burgers with the lot, fish & chips, sandwiches and milkshakes.

(Café)

Menu between \$5-12



## Pick Nick View Café & Family Restaurant

Shop 6, 163-171 Hawkesbury Road  
T: 9687 7262 / www.thaidiamond999.com

Mon-Fri: 7am-6pm / Sat-Sun: 8am-3pm

All day breakfasts and a range of gourmet sandwiches, there's also burgers, pastas, coffee and cake.

(Café)

Menu between \$3.50-20



## Sit'n'Chats Café

Shop 6, Specailisty Centre  
151-155 Hawkesbury Road, Westmead

T: 9689 3880 / www.sitnchats.com.au

Mon-Fri: 7am-4pm

Menu between \$5-16

(Café)



## Thai Westmead 9

Shop 7, 163-171 Hawkesbury Rd, Westmead

T: 9891 1122 / www.thaiearlwood9.com

7 days: 7.30am-3pm, 5-10pm

Extensive Thai menu with huge range of daily specials. Try the banana flower salad with kaffir lime, king prawns and chicken poached in coconut milk (\$18.90) or the Som Tum Thai papaya salad (\$15.90). (Thai)

Entrée \$7-10 / Main \$15-22



## Westmead Tavern

24 Railway Parade, Westmead

T: 9633 3477

11am-2.30pm, 5.30-9.30pm

A hidden local hangout, find a table on their large outdoor deck and enjoy a simple menu of pub favourites of fish & chips, schnitzels and steaks. Look out for their specials. (Modern Australian, Chinese)

Menu between \$10-25



# Northmead

## Blue Dragon Restaurant

Shop 14, Northmead Shopping Plaza,  
2B Campbell St, Northmead / T: 9683 3165

[www.bluedragonrestaurant.com.au](http://www.bluedragonrestaurant.com.au)

Lunch – Mon–Fri: 11.30am–3pm

Dinner – Sun–Wed: 5pm–9pm

Thu: 5–10pm / Fri–Sat: 5–11pm

Well known and deservedly popular, *Blue Dragon* serves great Chinese to a loyal following of regulars who've been returning for years. Try the Peking duck, braised beef in oyster sauce or freshly steamed fish with soy dressing. (Chinese)

Entrée \$9–20 / Main from \$13

## Northmead Garden Chinese Restaurant

22 Kleins Rd, Northmead / T: 9683 3798

Tue–Thu: 11.30am–2.30pm, 5–9.30pm

Fri–Sat: 11.30am–2.20pm, 5–10.30pm

Sun: 5–9.30pm

Simple Chinese menu with Mongolian and Szechuan influences. Try the tofu hot pot and noodle dishes. (Chinese)

Menu between \$10–20



## Northmead Pizzeria

Shop 5, 104 Windsor Road, Northmead  
T: 9630 2732

Tue–Thu: 5–10pm / Fri–Sat: 5–11pm

Sun: 5pm–1pm

Pizza, pasta, burritos and nachos! Take-away and home delivery available. Their signature pizza includes lashings of sour cream and fetta, try the 'Parviz' or 'Fettachookie'. (Italian, Mexican)

Entrée \$5.50–11.90 / Main \$10.90–29.90

## Pancakes on the Rocks

100A Briens Rd, Northmead / T: 9683 4322

[www.pancakesontherocks.com.au](http://www.pancakesontherocks.com.au)

Mon–Thu: 7am–11pm / Fri–Sat:

7am–12am, Sun: 7am–11pm

Huge selection of sweet pancakes and ice cream but there's also all day breakfast, ribs, pizza and savoury crêpes – try the mouth watering devils delight. (Sweets)

Menu between \$10–35



## Pasta One

38 Briens Rd, Northmead / T: 9890 9555

Tue–Fri: 10am–6pm / Sat: 10am–4pm

Sun: 10am–2pm

Fresh pastas made without colouring or preservatives both fresh and frozen plus daily specials like spaghetti made in the wholesale factory at the

back of shop. Take-home lasagnes and canelloni are great value. (*Italian, Mexican*)

Menu between \$5-17

---

## Scooters Pizzeria

2/10 Kleins Rd, Cnr Balmoral Road,  
Northmead / T: 9630 0033

Mon-Sat: Noon-10pm / Sun: 5-10pm

Family-run Lebanese pizza kitchen. The banquet is good value if you're hungry, \$23 includes a selection of meat and dips or choose one of the appetising traditional pizzas – lamb lahmanajin or herbed manoosh.

Outside tables and parking right out the front. (*Lebanese*)

Menu between \$3-18



---

## Sunset's Family Restaurant (Northmead Bowling Club)

166 Windsor Rd, Northmead / T: 9630 2875

[www.northmeadbowlingclub.com.au](http://www.northmeadbowlingclub.com.au)

Tue-Sun: Lunch Noon-2pm, 6-8.30pm

A strong bistro menu with plenty of choice to suit the family. Regulars

love the great value schnitzels, pastas and steaks. Lunch menu favourites are lamb cutlets (\$12), Veal Parmigiana (\$11.50) and the Chicken Boscaiola pasta (\$12). (*Modern Australian*)

Menu between \$10-25



---

## Tanjai Thai Taste

12 Kleins Rd, Northmead / T: 9890 4266

Mon-Fri: Lunch 11am-3pm, Dinner 5-10pm

Sat-Sun: Dinner 5-10pm

Quick and tasty Thai with fast service. Look out for seasonal specials like the green mango salad with fish or seafood. If you like spicy food, you'll love Aree's jungle curry with your choice of meat or vegetarian. (*Thai*)

Menu between \$10-17



PANCAKE ON THE ROCKS



# Epping

## BCD Tofu House

Shop 10, Genesis Building, 74 Rawson St, Epping / T: 9868 4300

Mon-Sat - Lunch: Noon-3pm

Dinner: 5-9pm / Sun: 5.30-9pm.

Authentic Korean dishes with an emphasis on tofu as a key ingredient. Baskets of eggs are on each table for you to freshly crack into the tofu hotpot soup. Plus there are BBQ pork spare ribs (\$22), teriyaki beef and traditional rice dishes like bibimbap. (Korean)

Main \$15-22



## Beschico Café

41 Beecroft Road, Epping

T: 9869 8188 / 7 days: 11am-midnight

The Korean chicken specialist, the menu here is almost entirely fried chicken! Try it deep fried and crispy, marinated in soy and garlic, BBQ-style or with hot sauce. (Korean)

Menu between \$10-32



## Billu's at Epping

63 Beecroft Road, Epping

T: 98768522 / [www.billusatEpping.com.au](http://www.billusatEpping.com.au)

7 days Mon-Fri: Noon-10pm

Full range of Indian dishes available at this Epping outpost of the original Harris Park eatery. Try the south Indian dosas, mixed curry tasting thali plates, crispy samosas and the chicken tikka masala. Banquet menu for groups of four or more available. (Indian)

Menu between \$8.90-12.90



## Borrellis Italian Restaurant

3 Bridge Street, Epping

T: 9876 6563 / [www.borellis.com.au](http://www.borellis.com.au)

Tue-Fri: Noon-3pm, 5.30-10pm

Sat-Sun: 5.30-10pm

Buzzy, family friendly atmosphere and homely Italian comfort food. Lambshanks in Napolitana sauce are a house specialty (\$29.90) so is the lasagne (\$19.90). Look out for rabbit oven baked in white wine on the specials menu and save room for a slice of tiramisu. Catering service also available. (Italian)

Entrée \$12-17 / Main \$14-38



## Café Topiary

68 Rawson Street, Epping / T: 9869 4399

Mon-Fri: 7am-5pm / Sat-Sun: 8am-4pm

Enjoy coffee and a light meal on the sunny deck overlooking the street. Modern menu features zucchini rosti with avocado salsa (\$15.90) and pumpkin and pine nut salad with smoked salmon (\$16.90). (*Modern Australian*)

Entrée \$10-15 / Main \$10-15



## Cuppa Jo Café

Shop 3, 76 Rawson Street, Epping

T: 9868 2359 / 7 days: 7am-5pm

All day breakfast menu with muffins, pastries and pies baked fresh daily in house. There are also light meals – corn fritters, pastas, soups and salads. (*Café*)

Menu between \$5-15



## Curry Lovers Tandoori Restaurant

Shop 40, 74 Rawson Street, Epping

T: 9868 4399 / [www.currylovers.com.au](http://www.currylovers.com.au)

Tue-Fri: Noon-2.30pm

Mon-Sun: Dinner: 5.30pm-late

True to its name, with a large curry selection. There are also cooling sweet kulfi ice blocks for dessert to calm your tastebuds – try the mango or pistachio flavours. (*Indian*)

Entrée \$6-8 / Main \$12-17



## The Epping Hotel Bistro

58 Beecroft Road, Epping

T: 9876 8063 / [www.eppinghotel.com.au](http://www.eppinghotel.com.au)

Lunch – Mon-Sun: Noon-2.30pm

Dinner – 6-9.30pm

Breakfast – Sun: 10am-Noon

A strong pub menu of classic bistro meals. Scotch fillet steaks come with prawns, kumera mash, asparagus spears and red wine jus (\$26.50) or the salt and pepper king prawns served with Asian coleslaw and fries (\$25.50). (*Bistro*)

Entrée \$7-15 / Main \$16-26



BILLU'S AT EPPING

## Epping Korean BBQ

10 Bridge Street, Epping / T: 9868 5992

7 days: Noon-10pm

Hotpot, spare ribs, chicken ribs and seafood pancakes. The set menus range between \$25-60. (*Korean*)

Menu between \$10-25



## Fresh Food Buffet

Shop 28/74 Rawson Street, Epping

T: 9876 8111 / 7 days – Mon-Fri: Lunch

11.30-4pm / Dinner: 5-10pm

Choose from a buffet of over 45 ingredients – dumplings, noodles, vegetables, meat and seafood and cook at your own table in the 'steam boat' soup available in spicy or mild. A range of complimentary sauces available. (*Chinese*)

Set buffet: Lunch \$23p.p, Dinner \$32p.p



## Genesis Vietnamese Cuisine

Shop 2A, Genesis Building

76 Rawson St, Epping / T: 9868 1299

Tue-Sat: 11am-9pm / Sun: 11am-8pm

A tasty, well-priced Vietnamese diner serving rice and noodle dishes. Crunchy spring rolls are a good starter, then there's the peppered beef or the salt and pepper calamari. (*Vietnamese*)

Entrée \$4.80-12 / Main \$11-20





## GWEN'S

### Gwen's Chinese Restaurant

2/16-18 Bridge Street, Epping  
T: 9876 6838 / [www.gwens.com.au](http://www.gwens.com.au)

Lunch: Tue-Fri: Noon-3pm

Dinner: Tue-Sun: 5-10pm.

Everybody loves the duck pancakes at this trusty local and there's loads to try on the new menu too. Softshell crab, deep fried with Chinese herbs, chilli and pepper, wok-seared eye fillet or the marinated Chinese style lamb roast are family favourites. *(Chinese)*

Entrée \$8-13 / Main \$19-32



### Hothis Indian

46 Beecroft Road, Epping / T: 9869 0997  
Tue-Fri: 11.30am-8.30pm / Sat 4.30-9pm  
Sun-Mon: 4.30-8.30pm

The affordable menu and generous portions makes this Indian popular with students. Service is fast, and the butter chicken and rogan josh are hot favourites. *(Indian)*

Menu between \$5-12



### Le Gateau Bakehouse

Shop 2, 76 Rawson Street, Epping  
T: 9868 6709

Mon-Fri: 7am-4.30pm / Sat: 7am-1.30pm

Fresh baked bread, pies, cakes and pastries. Salad rolls made to order. Great selection of catering options for morning or afternoon tea. *(Café)*

Menu between \$2-8



### Nara Japanese Sushi Bar

37 Beecroft Road, Epping / T: 9868 6815

Mon-Sat: 11.30am-3pm

Mon-Sun: 5.30-10pm

Sushi, sashimi, rice and noodle dishes on the traditional Japanese menu. Set bento boxes are a great idea for lunch. Look out for specials. *(Japanese)*

Entrée \$8-15 / Main \$19-32



## Pablo & Rusty's Espresso Bar

42 Langston Place, Epping / T: 9868 4828  
www.pabloandrustys.com.au  
Mon-Fri: 6am-5pm / Sat: 7am-3pm  
Sun: 8am-3pm / Menu between \$5-10  
(Café)

## Pedro's Pizza

50A Rawson Street, Epping  
T: 9869 8889 / www.pedrospizza.com.au  
7 days: 11am-11pm  
Great value meal deals, traditional, gourmet and healthy choice pizzas available. (Italian)

Menu between \$4.95-14.95

## Rang Mahal

Shop 39, 78-81 Beecroft Road, Epping  
T: 9869 8026 / www.rangmahal.net.au  
Lunch - Tue-Thu: Noon-2pm  
Dinner - 7 nights: 5pm-late  
Indian diner popular for mid-week takeaway dinners. Fans love the mixed naan basket in plain, cheese and garlic varieties as well as chicken tikka masala and garlic prawns.

(Indian)

Entrée \$5-12 / Main \$10-15

## The Terrace Restaurant Bar & Grill (The Epping Club)

45 Rawson Street, Epping  
T: 9876 4357 / www.eppingclub.com  
Wed-Fri - Lunch: Noon-3pm, Dinner: 6pm-late / Sat-Sun - Breakfast: 9-11.30am, Lunch: Noon-3pm, Dinner: 6-8pm / Tue: 9am-11pm

Modern and upmarket, the bistro menu features gourmet produce and ingredients. Try the grilled seafood medley with kipfler potatoes or the 'John Deegold' scotch fillet with creamy mash and green vegetables (\$32.90). (Modern Australian)

Entrée \$10-15 / Main \$16-35



## Thai Place

59 Beecroft Road, Epping / T: 9868 5332  
7 days: Dinner 5-10.30pm

Small and cosy local Thai with a broad menu. Whole fried snapper with sweet chilli sauce is very popular as is the pad thai green curry. Group bookings available. (Thai)

Entrée \$6-10 / Main \$12-25



## Tokyo Sushi Bar

Shop 1, 49 Beecroft Road, Epping  
T: 9868 6788 / Mon-Sat: 11.30am-9.30pm  
Simple Japanese menu, great for quick lunches. Fresh sashimi, steamy suki-yaki 'boats' where you can cook your own vegetables and noodles in a broth, as well as teriyaki and rice dishes. (Japanese)

Entrée \$5-8.50 / Main \$8-55



## Vita Bella

Shop 27, 78 Beecroft Rd, Epping  
T: 9869 2487

Lunch - Wed-Fri: Noon-3pm

Dinner - Tue-Sat: 6-10pm

Home style Italian meals, try the the 'Terra Marre Cielo' translating to 'Earth, sea & sky' - rib eye fillet, king prawns and spatchcock lightly barbequed and served with herb potatoes. Desserts are a treat here and owner Lina's home-made tiramisu (\$8.50) is most raved about. Look out for their regional evenings featuring a degustation menu based on the dishes of Tuscan, Calabria or Sicily. (Italian)

Entrée \$12-16 / Main \$20-30



## Zappi's Pizza

17 Oxford St, Epping / T: 9876 2218  
5pm-late / Lunch - Tue-Fri: 11am-4pm  
Menu between \$8-16.50

(Italian)



# Carlingford

## STATION PRECINCT

### Carlingford Bowling, Sports & Recreation Club

Cnr Pennant Hills & Evans Rds, Carlingford  
T: 9871 5056 / [www.cbsrc.com.au](http://www.cbsrc.com.au)  
Lunch: Noon–2.30pm / Dinner: 5.30–8.30pm  
Fri–Sat: 5.30–9.30pm

A modern bistro with an Asian twist: there are Malaysian curries, grilled fish, stir fries and great steaks. (*Asian, Modern Australian*)

Menu between \$10–20



### Empress of China Restaurant

318 Pennant Hills Road, Carlingford  
T: 9871 8499

Lunch – Wed–Fri: Noon–2.30pm  
Dinner – 7 days: 5–9.30pm

Warm and friendly family-run restaurant with all your favourite dishes. Free local delivery. (*Chinese*)

Entrée \$5–12 / Main \$12–18



### Taste of Tuscany

324 Pennant Hills Road, Carlingford  
T: 9872 1022 / [www.tasteoftuscany.com.au](http://www.tasteoftuscany.com.au)  
Tue–Sun: 6–9pm. Closed Mon

Home style Italian right opposite the station with a takeaway and delivery

service. Seafood sizzle pots are served with salad and crusty bread (\$34.90). The pasta is home-made and the pizzas are available with gluten free bases. (*Italian*)

Entrée \$12–21 / Main \$18–36



## CARLINGFORD VILLAGE

### Café de Hong Kong

Shop 2, 372 Pennant Hills Road,  
Carlingford / T: 9872 9889

7 days: 10am–10pm

Fast paced and tasty Hong Kong style café serving lunch and dinner. Simple rice and noodle dishes are a crowd pleaser and prices are around \$10.

Try the baked pork chop on rice, fried chicken or the selection of noodle soups. Cash only. (*Chinese*)

Menu between \$5–15



### Basun Hot Pot

Shop 25/372 Pennant Hills Road,  
Carlingford / T: 9872 9882

7 days: 5–10pm

Specialising in traditional steamed claypot soups (from \$8) these very traditional Chinese combinations include chicken soup with winter melon and ginkgo nut, pork rib soup with fuzzy melon and chicken



CAFÉ DE HONG KONG

soup with lotus root and octopus. A selection of Vietnamese and Malaysian style noodles also available. *(Chinese)*

Entrée \$5-10 / Main \$9-29



## Ichi Rang

Shop 21A, 372 Pennant Hills Road, Carlingford / T: 9872 2629

7 days: 11am-9pm

Both Japanese and Korean dishes feature on the menu. There's a range of donburi – rice bowls like bibimbap and chicken katsu don, fried noodles and soups with your choice of udon, Soba or Ramen noodles. *(Japanese)*

Entrée \$4.50-11.80 / Main \$10-22



## Kyoto Teppan-yaki

372 Pennant Hills Road, Carlingford

T: 9871 0377

[www.kyototeppan.yaki.com.au](http://www.kyototeppan.yaki.com.au)

7 days: two seatings 6-8pm, 8-10.30pm

A popular teppan-yaki venue with three set menus between \$20-\$35. Individual dishes also available with a good range of tempura, sushi, noodles and soups. *(Japanese)*

Entrée \$5-15 / Main \$10-35



## North & South Gourmet

Shop G21 372 Pennant Hills Road, Carlingford / T: 9871 2819

7 days: 10am-10pm

Sizzling hot pots, mud crabs and seafood- a Chinese restaurant that does all the standards plus special regional dishes. Cash only. *(Chinese)*

Menu between \$10-22



## MOBBS LANE PRECINCT

### Golden Bowl Kitchen

5A Mobbs Lane, Carlingford / T: 9804 0883

Lunch: Mon-Fri: 11.30am-2.30pm

Dinner: Mon-Sun: 5-9.30pm

Chinese menu with daily lunch specials from \$7. Home delivery available at dinner time. Noodle dishes, satay chicken, Mongolian lamb are popular items. *(Chinese)*

Entrée \$4.50-10 / Main \$13-15.50



### It's Thai

13 Mobbs Lane, Carlingford / T: 9874 0255

Lunch: Thu-Fri: 12-3pm

Dinner: Tue-Sat 5.30-10pm. Closed Sun

Everyone wishes they had a Thai local like this: easy parking, relaxed dining room and an interesting menu of traditional and new. Try the hor mok talay: calamari, fish and mussels braised in red curry sauce, steamed and served in a coconut shell or the zesty yum ped yang salad of roast duck, lime juice, chilli with fresh Thai herbs picked from the owner Pent's garden. *(Thai)*

Entrée \$10-14 / Main \$15-28



### Pastry Perfection

17 Mobbs Lane, Carlingford / T: 9874 4922

[www.cakesdelivered.com.au](http://www.cakesdelivered.com.au)

Mon-Fri: 7.30am-5pm

A quirky patisserie Café tucked away at the end of Mobbs Lane. Modern interiors, coffee and everything you need for afternoon tea plus gluten free options. The kitchen upstairs produces a great range of cakes and desserts for retail and wholesale. Whole cakes from \$30 are popular for birthdays- decadent chocolate mousse, carrot cake, mud cakes and the show-stopper 'Malibu Passion' with vanilla sponge, passion fruit and coconut liqueur. *(Patisserie)*

Menu between \$3-12



# Rosehill

## Café Grand

Level 1, 1C Grand Avenue, Rosehill  
T: 9680 0885 / Mon-Fri: 6.30am-3pm  
Menu between \$5-20  
(Café)



## Champs Bar (Rydges)

Rydges Hotel Parramatta, 16-118 James  
Ruse Drive, Rosehill / T: 8863 7600  
[www.rydges.com/parramatta](http://www.rydges.com/parramatta)  
Mon-Sat: 3.30-10pm

Specialising in boutique tap beers,  
cocktails and wines, there's also a  
selection of tapas available at the  
bar. Entertainment is also provided  
on race day Saturdays. (Modern  
Australian)



## Clown Town

175 James Ruse Drive, Rosehill  
T: 9638 0755  
[www.clowntownrosehill.com.au](http://www.clowntownrosehill.com.au)  
Mon-Fri: 9.30am-2.30pm / Weekends:  
9am-5pm / School holidays: 9am-4pm  
Café inside this innovative new  
playground concept for kids 0-12  
years old. Serves burgers, salads and  
chips and there are healthy options  
available. The complex hosts big  
kids' parties too with catering and  
entertainment. (Café)

Menu between \$5-25



## Elizabeth Farm Tea Rooms

70 Alice Street, Rosehill  
T: 9635 9488 / [www.hht.net.au](http://www.hht.net.au)  
Fri-Sun: 10am-4pm, and all NSW school  
and public holidays

Visit the tea rooms and explore the  
heritage garden dating back to 1830.  
Famous for Devonshire teas, a fresh  
seasonal menu of home cooked light  
meals and lunches to enjoy in garden  
surrounds. (Café)

Menu between \$5-15



## Hooters Restaurant Parramatta

132 James Ruse Drive, Rosehill  
T: 9633 5160 / [www.hooters-oz.com](http://www.hooters-oz.com)  
7 days: Noon-late

Lively classic sports-themed bar  
and casual dining restaurant with  
an open kitchen, rocking tunes and  
those world famous Hooters Girls!  
On the menu there's buffalo chicken  
wings, burgers, fresh green salads,  
aged grain fed steaks and BBQ ribs.  
(Bistro)

Entrée \$3.90-16 / Main \$16-27



## M Restaurant, Bar & Terrace (Mercure Hotel Parramatta)

106 Hassall Street, Rosehill / T: 8836 1000  
[www.mercureparramatta.com.au](http://www.mercureparramatta.com.au)  
Breakfast 6–10am (10.30am weekends)  
Dinner: 6–10pm

Chef Adam Norton's menu of Australian modern favourites is especially popular with business travellers. Try the signature scotch fillet steak. (*Modern Australian*)

Entrée \$9–25 / Main \$30–48



## Rosehill Hotel

91 Parramatta Rd, Rosehill / T: 9682 5311  
Lunch: Mon–Sat: 11am–2pm  
Dinner: Mon–Sun from 6pm

Friendly bistro with all your favourite pub meals. What can beat a \$7 steak, seven days a week? Kick back and enjoy seats outside in the shady beer garden. (*Bistro*)

Menu between \$7–14



## Sopranos Gourmet Pizza and Pasta

Shop 2, 22 Oak Street, Rosehill  
T: 9633 1717 / [www.sopranospizza.com.au](http://www.sopranospizza.com.au)  
Mon–Sun: 5–10pm

Newly renovated with a brand new 'Smoothie' bar serving coffee, fresh juices and cold drinks- come in and enjoy the range of pizzas. Easy parking a plus. (*Italian*)

Entrée \$3–15 / Main \$11.50–20



## Steeds Club Bar and Grill (Rydges Hotel)

Rydges Parramatta, 116 James Ruse Drive, Rosehill / T: 8863 7600  
[www.rydges.com/parramatta](http://www.rydges.com/parramatta)  
7 days: 5–9.30pm

Wide array of Australian premium aged beef and local seafood prepared in the char grill kitchen. Executive Chef Shawn Pyne uses premium quality beef in a produce driven menu that changes seasonally. (*Modern Australian*)

Entrée \$10–22 / Main \$26–36



## Stock Dining Room and Café (Rydges Hotel)

Rydges Parramatta, 116 James Ruse Drive, Rosehill / T: 8863 7600  
[www.rydges.com/parramatta](http://www.rydges.com/parramatta)  
Mon–Fri: 6am–9.30pm  
Sat–Sun: 6.30am–9.30pm

Lively and colourful, it's open from breakfast right through to dinner with a diverse menu to suit everyone's taste. One of the city's best breakfast venues features an 'Egg Bar' where chefs cook your eggs just the way you like them! (*Modern Australian*)

Entrée \$10–17 / Main \$18–30



## Top Taste Buffet (Rosehill Bowling Club)

Cnr James Ruse Drive and Hassall Street, Rosehill / T: 9806 0062  
[www.rosehillbowlingclub.com.au](http://www.rosehillbowlingclub.com.au)

Tue–Sun: 11.30am–2.15pm, 5.30–9pm (9.30pm Fri–Sat). Closed Mon.

Large bistro buffet includes: seafood, roast meat and vegetables, pizza, pasta, Asian finger food, desserts and ice creams. Live band on Saturday nights and raffles. (*Bistro*)

Buffet Lunch \$13.90 p.p, Dinner \$19.90 p.p



## Zables (Waldorf Hotel)

110–114 James Ruse Drive, Rosehill  
T: 8837 8000 / [www.waldorf.com.au](http://www.waldorf.com.au)  
Mon–Sun: 6.30am–9am / Mon–Sat: 5–10pm  
Not only reserved for hotel guests, everyone can enjoy sophisticated Australian cuisine with a European influence. Look out for weekly specials. (*Modern Australian*)

Entrée \$5–20 / Main \$19–35



# North Parramatta

## Bertani Restaurant Bar Pizza / Pasta

486 Church Street, North Parramatta  
T: 9890 8309 / [www.bertani.com.au](http://www.bertani.com.au)  
Mon-Sun: 11am-Late

Family-friendly Italian restaurant with pizza, pasta, seafood and home-made desserts. From the huge selection of pizzas, meat-lovers will like the 'Mobster' with savoury mince, sausages and BBQ sauce (\$22). If you're hungry try a 1kg pot of mussels cooked in chilli, tomato and fresh herbs served with chargrilled bread (\$26). For sweets the house-made pannacotta or traditional tiramisu are always winners. (Italian)

Menu between \$10-15



## Café Conti

31A Fennell Street, North Parramatta  
T: 9683 4041 / Mon-Fri: 6am-3pm

Gourmet café food, the toasted vegetable focaccia with grilled capsicum, eggplant, sundried tomatoes and hummus (\$10) is a filling lunch. Try the daily pasta specials, the most popular is the Conti Pasta (\$10) with sundried tomatoes, bacon in a pinky cream sauce. (Café)

Menu between \$8-15



## Café Lipari

442 Church St, North Parramatta  
T: 9630 2308 / Mon-Fri: 6am-4pm

Popular of breakfast on the run, their big breakfast includes eggs, sausages, bacon and hashbrowns. Best-known for their home-made chicken schnitzels, marinated chicken and grilled Barrumundi, plus, there are freshly made pasta dishes every day. Great range of freshly made hot and cold dishes and a good choice for corporate catering. (Italian)

Menu between \$8-25



## Charcoal Mine Barbeque House

454 Church St, North Parramatta  
T: 9630 3299 / Lunch: 11am-3pm (except Tue) / Dinner: 5-11pm

Traditional Korean-style charcoal BBQ. Choose from over 20 items at the buffets, to cook at your table: beef, pork, seafood, ox tongue, chicken giblets, liver pork belly, ribs, mushrooms and of course kim chi (pickled vegetables). Meats come marinated in special sauces: sesame oil, soya bean, sweet chilli and pepper. For the adventurous, there's even crocodile on the menu seasonally! Set menus range from \$29-31 p.p for dinner. (Asian)

Menu between \$29-32





HARRY'S CAFÉ DE WHEELS

## Charcoal Thai

449 Church St, North Parramatta  
T: 9683 1744

Mon-Fri: 10am-8pm / Sat: 10am-7pm  
BBQ roast chickens, burgers, gourmet salads and a selection of Thai stir fries and noodle dishes made fresh daily. There are seats inside and out and it's a healthy and quick takeaway dinner option. (Thai)

Menu between \$5-25



## Crust Gourmet Pizza

446 Church St, North Parramatta  
T: 9890 8555 / [www.crust.com.au](http://www.crust.com.au)  
Tues-Sun: 5pm-10.30pm

High quality and irresistible, there's a menu of mouth-watering gourmet pizzas with a range of toppings: premium meats, fresh vegetables and tasty cheeses. Gluten-free pizza bases are available as well as a selection of vegetarian options. (Italian)

Menu between \$12-25



## Delic Chinese Restaurant

49 Albert St, North Parramatta  
T: 9630 8668

Sun-Thu: 5-9.30pm / Fri-Sat: 5-10pm  
A neighbourhood Chinese restaurant great for take-aways and a mid week meal. All the classics are here in their

extensive menu, from salt & pepper squid (\$11.50) to duck with crab meat sauce (\$13.50). (Chinese)

Menu between \$10-20



## Harry's Café de Wheels

431 Church St (Cnr Fennell St),  
North Parramatta / T: 9890 2427  
[www.harryscafedewheels.com.au](http://www.harryscafedewheels.com.au)  
Sun-Thu: 8.30am-10pm  
Fri-Sat: 8.30am-midnight

In the mood for a good pie? You can't go past this iconic café, famous for its celebrity clientele and, of course, the fantastic pies! Made from quality ingredients, you can choose from pasties, hot dogs, soups and sweets. Parramatta is lucky enough to host one of only a handful of suburban franchises – even if it has taken 70 years to arrive! Well worth the wait, the signature 'Tiger': chunky lean beef pie served with mashie peas, mash and gravy – is not to be missed. (Café)

Menu between \$4-6



## Hogsbreath Café

The Junction, Cnr Windsor and Boundary  
Roads, North Parramatta  
T: 9890 8333 / [www.hogsbreath.com.au](http://www.hogsbreath.com.au)  
7 days: 11.30am-late

With a brand new menu, there are even more ways to enjoy your

favourite steaks, racks and ribs. Their slow cooked prime rib steak is still the best seller from \$27 served with mashed potato and fresh vegetables. Fun atmosphere with friends or the family and great for functions. (Modern Australian)

Entrée \$5-20 / Main \$13-35



## Hot Box Pizza Co

64 Victoria Road, North Parramatta  
T: 1300 468 269 / [www.hotboxpizza.com.au](http://www.hotboxpizza.com.au)  
7 days: 5-10pm

Gourmet-style pizzas, BBQ pork ribs, spicy chicken wings, hot dishes and pastas delivered to your door or you can even eat in. There are four pizza bases to choose from and even a gluten free option. Free local delivery within 5km radius, minimum order for free delivery is \$20. (Italian)

Menu between \$12-25



## Lake Parramatta Café & Function Centre

Lackey Street off Bourke Street,  
North Parramatta / T: 9890 8136  
Mon-Fri: 8am-2.30pm

Sat-Sun & Public holidays: 8am-4pm

Busy with young families and retirees at breakfast and lunch, this pleasant park side café does healthy light meals and great coffee. Enjoy the sunshine and beautiful surrounding bushlands with the Greek lamb salad (\$16.30), vegetable frittata (\$15.50) or the eggplant stack (\$12). (Modern Australian)

Entrée \$3.50-7 / Main \$12-19



## Parramatta Sizzling Chinese Restaurant

398 Church Street, North Parramatta  
T: 9683 3777

Tues-Sun: 11am-2.30pm, 5-10pm

For authentic Sichuan style Chinese food look no further. All dishes come hot and spicy and will have you reaching for more water. Best sellers are the spicy chicken (\$18.80) and the golden soft shell crab fried in salt, pepper and spices (\$24.80). (Chinese)

Menu between \$10-25



## Romano's Pizza

19 Iron St, North Parramatta  
T: 9890 4040

Lunch - Mon-Fri: 11am-2pm

Dinner - 7 days: 4-9.30pm

Good selection of traditional and gourmet pizzas. Try the Romano Special with spicy beef, cheese, tomato and herbs. Their home-made pasta spaghetti bolognese is also very popular. (Italian)

Menu between \$8-28



## Standard Indian Restaurant

515 Church Street, North Parramatta  
T: 9630 0319

[www.standardindianrestaurant.com.au](http://www.standardindianrestaurant.com.au)

Tues-Sun: 6-9pm

A North Parramatta favourite, this little restaurant is popular with locals for takeaway and home deliveries. Specials include the boti kebab- lamb chops smoked in a tandoori oven (\$12.90), butter chicken finished with creamy coconut curry and rogan josh with tender lamb in a rich tomato and onion gravy (\$16.50). The parking out the front is a plus. (Indian)

Entrée \$6.50-22.50 / Main \$13.90-19.90



## Thai Garden House

526 Church Street, North Parramatta  
T: 9683 1288

[www.thaigardenhouse.com.au](http://www.thaigardenhouse.com.au)

Tue-Sun: 6-11pm

This vibrant Thai eatery is an established local. Fresh ingredients in an extensive menu of Thai standards from soups, noodle dishes, curries, stir fries and seafood. They do an excellent chilli flounder (market price) of whole crispy fried fish topped with fresh chilli and lime sauce as well as a traditional yellow pork curry with baby onion, potatoes cauliflower and fresh tomato (\$15.50). Outdoor seating area available. Groups of 15 or more can choose from six banquet menus starting from \$25 p.p. (Thai)

Entrée \$1-10 / Main \$13-20



## Thai I M

Shop 2, 410 Church St, North Parramatta

T: 9683 7695 / [www.thaiim.com.au](http://www.thaiim.com.au)

Lunch – Mon-Fri: 11am–3pm

Dinner – Mon-Sun: 5–10pm

A relaxed restaurant to dine in at any time of day, signature dishes thai betal leaf parcels (\$8.90) with toasted coconut, bits of lime, dried shrimp drizzled with sweet palm sugar sauce wrapped in a delicious edible leaf. There's also the great value BBQ mixed seafood (\$28.90) for grilled seafood Thai style with dipping sauce, large enough to share. (Thai)

Entrée \$7–9 / Main \$13.50–28.90



## Tingha Palace

Parramatta Leagues, 15 O'Connell St, North Parramatta

T: 9890 1688 / [www.tinghapalace.com.au](http://www.tinghapalace.com.au)

Lunch and dinner 7 days

Located within the leagues club, *Tingha Palace* is a much-loved member of the Parramatta dining scene. Experience fantastic yum-cha daily, specialty live seafoods and an à la carte Chinese menu. Best picks are salt & pepper mud crab or steamed Barramundi with a simple sauce of soy, ginger and shallots. (Chinese)

Menu between \$12–50



## Tollgate Bistro (Tollgate Hotel)

625 Church Street, North Parramatta

T: 9630 2375 / [www.tollgatehotel.com.au](http://www.tollgatehotel.com.au)

Mon–Sun: Noon–2.30pm, 6–9pm

Fast becoming known in the area for quality pub meals and excellent value for money, *Tollgate Bistro* is a great option for lunch or dinner. There's an all new outdoor garden area and all meals are under \$12. Favourites include the Portuguese chicken, salmon fillet, T-bone steak and chicken schnitzel. (Modern Australian)

Menu between \$8–12



## Wok Asian Recipe

444 Church Street, North Parramatta

T: 9683 6221

[www.wokasianrecipe.menulog.com](http://www.wokasianrecipe.menulog.com)

Lunch – Mon-Fri: 11am–3pm

Dinner – Mon-Sat: 5–9.30pm

Open for over five years it's a lunchtime favourite. Popular wok tossed dishes are the salt & pepper king prawns, Mongolian lamb and the Sang Chow Bow with pork mince. (Chinese)

Entrée \$5–15 / Main \$10–25



THAI I M



# Winston Hills

## Bagel Bakery

Shop 5, Chisholm Centre, Caroline Chisholm Drive, Winston Hills / T: 9686 8111

Mon-Fri: 7am-6pm / Sat: 7am-2pm

Pies, tarts, slices, cakes, lamingtons – this little bakery's counter is filled with sweet and sugary treats. All baked fresh on site. *(Bakery)*

Menu between \$2-10



## Golden West Chinese Restaurant

Shop 4-5, 9-13 Rebecca Parade, Winston Hills / T: 9838 7033

[www.goldenwestrestaurant.com.au](http://www.goldenwestrestaurant.com.au)

Mon, Wed, Sun: 5am-9.30pm

Fri-Sat: 5-10pm / Closed Tuesdays

Busy neighbourhood Chinese with reasonably priced dishes all under \$20 and most popular with families. *(Chinese)*

Entrée \$5.50-9.20 / Main \$11.80-19.80



## La Seconda Italian Restaurant

Shop 64 Winston Hills Mall, Winston Hills T: 9624 4097 / [www.laseconda.com.au](http://www.laseconda.com.au)

7 days: Noon-2.30pm, 6pm-late

The extensive menu of this Italian gem has everything from pasta to pork, with firm favourites being the melt-in-the-mouth chicken boscaiola,

spicy fettucine siciliano and the chef's specialty – salt and pepper squid.

Vegetarian options are available (the Penne Primavera is delicious!) and most dishes are gluten-free. *(Italian)*

Menu between \$16.90-33



## Pizza on Lomond

7 Lomond Crescent, Winston Hills

T: 9686 7711 / Tue-Sun: 4.30-10pm

Over 28 types of pizza are offered on the menu plus there's pasta. Prices range from \$10-20. Best seller is the 'Venice' with king prawn, prosciutto and sundried tomato. *(Italian)*

Menu between \$10-20



## The Winston

Winston Hills Mall, 170 Caroline Chisholm Drive, Winston Hills

T: 9624 6425 / [www.thewinston.com.au](http://www.thewinston.com.au)

Mon-Fri: Noon-3pm

Luxe and chic lounge areas, beer garden, bars and dining rooms, *The Winston* adds a bit of glamour to your neighbourhood drinking hole. Bistro favourite is the steak. *(Modern Australian)*

Entrée \$4-15 / Main \$25-27



# Index of Restaurants

## Chinese

Basun Hot Pot / Carlingford (50)  
Blue Dragon / Northmead (44)  
Cafe de Hong Kong / Carlingford (50)  
China Star / Parramatta (22)  
Fine Food King / Parramatta (28)  
Golden Bowl Kitchen / Carlingford (51)  
Golden West / Winston Hills (58)  
Gwen's / Epping (48)  
East Port Chinese / Parramatta (22)  
Hong Fu / Parramatta (23)  
Kambooz / Parramatta (17)  
North+South Gourmet / Carlingford (51)  
Northmead Garden / Northmead (44)  
Parramatta Sizzling Chinese / Parramatta (56)  
Prince Restaurant / Parramatta (18)  
Shanghai Chef / Parramatta (18)  
Sun Ming / Parramatta (18)  
Tingha Palace / Parramatta (57)  
Vyshu Indian / Parramatta (26)  
Xing Shun / Parramatta (26)

---

## Greek

Kousina Greco / Parramatta (14)  
The Olive / Harris Park (35)

---

## Indian

Billu's / Epping (46)  
Billu's / Harris Park (32)  
Billu's Tea House / Harris Park (32)  
Bombay Masala / Harris Park (32)  
Chutney / Harris Park / Harris Park (33)  
Chandni Chowk / Harris Park (32)  
Connaught Place / Harris Park (33)  
Copper Chimney / Harris Park (33)  
Curry Lovers / Epping (47)  
Daawaat Indian / Westmead (42)

Flavour of Ceylon (Sri Lankan) / Parramatta (28)  
Haveli / Harris Park (33)  
Hothi's Indian / Epping (48)  
Indian Chopsticks / Harris Park (34)  
Jaipur Masala / Parramatta (17)  
Kem Cho! / Harris Park (34)  
Kings Indian / Parramatta (14)  
Kuber / Harris Park (34)  
Neelam / Parramatta (30)  
Punjabi Tadka / Granville (38)  
Rang Mahal / Epping (49)  
Ruchi Indian / Parramatta (25)  
Spice of Life / Parramatta (35)  
Spice N Ice / Parramatta (9)  
Standard Indian / Parramatta (56)  
Taj Indian Restaurant / Harris Park (35)  
Taza Tandoori / Harris Park (35)

---

## Italian

Bellani / Parramatta (4)  
Bertani / Parramatta (54)  
Borelli's / Epping (46)  
Carlito's Trattoria / Parramatta (13)  
Criniti's / Parramatta (5)  
Deek Duke / Granville (36)  
Leo's Seafood / Guildford (38)  
Liana's / Parramatta (6)  
Peroni's / Harris Park (35)  
Port Bar / Parramatta (30)  
Prospero's / Parramatta (7)  
Sabatini's / Parramatta (15)  
Silician / Parramatta (9)  
Stephano's / Parramatta (10)  
Taste of Tuscany / Carlingford (50)  
The Bite / Parramatta (4)  
Toscani's / Parramatta (20)  
Vita Bella / Epping (49)

---

## Japanese

ASADAL / Parramatta (12)  
Ginza / Parramatta (22)  
I Chi Ban / Parramatta (17)  
Ichi Rang / Carlingford (50)  
JJ Sushi / Parramatta (28)  
Kyoto Teppanyaki Carlingford (51)  
Nara / Epping (48)  
Okori / Harris Park (34)  
Sumo / Parramatta (25)  
Sushi Bay / Parramatta (20)  
Tem Ici / Parramatta (16)  
Tokyo Japanese / Parramatta (31)  
Tokyo Sushi Bar / Epping (49)

---

## Korean

BCD Tofu House / Epping (46)  
Ben Than Pho / Parramatta (21)  
Beschico / Epping (46)  
Carne Station / Parramatta (21)  
Charcoal Mine BBQ / Epping (54)  
Dana's Kitchen / Parramatta (28)  
Epping BBQ / Epping (47)  
Food Friends / Parramatta (22)  
Fresh Food Buffet / Epping (47)

---

## Lebanese

Al Fayhaa / Guildford (39)  
Awafi / Granville (36)  
Brother's Pizza / Granville (36)  
El Jannah / Granville (37)  
El Marouk Pizza / Guildford (39)  
El Phoencian / Parramatta (6)  
El Rawda / Granville (37)  
El Sweetie / Granville (37)  
La Shish / Guildford (41)  
Mashawi / Granville (34)  
Romeo's / Parramatta (31)  
Saada Bakery / Granville (38)  
Sahra by the River / Parramatta (16)

---

## Malaysian

Pho Pasteur / Parramatta (18)  
Pho Ben Chinese / Parramatta (24)  
Oriental Tucker Box / Parramatta (34)  
Tamasek / Parramatta (26)

---

## Mediterranean

Mediterranean Kitchen / Parramatta (7)  
Mykonos European / Parramatta (29)  
Romeo's / Parramatta (31)  
Rio / Parramatta (10)  
Sahara / Parramatta (20)  
Sahra by the River / Parramatta (16)  
Toscani's / Parramatta (20)

---

## Mexican

Montezuma's Mesa / Parramatta (7)

---

## Middle Eastern

Himalayan Pakistani / Granville (37)  
Tehran Restaurant / Granville (38)  
Zeytin / Parramatta (11)  
*(see also, Mediterranean, Lebanese)*

---

## Modern Australian

Albion Hotel / Parramatta (21)  
Barnaby's / Parramatta (12)  
Barbarino's Bistro / Guildford (39)  
City Extra / Parramatta (5)  
Courtney's / Parramatta (14)  
Elevate bar. Cafe. Restaurant / Parramatta (6)  
Elizabeth Farm Tea Room / Rosehill (53)  
Ivory (Mantra) / Parramatta (28)  
Liana's / Parramatta (6)  
M Restaurant (Mecure) / Rosehill (53)  
Meat & Wine Co / Parramatta (6)  
Mezzanine Restaurant / Parramatta (Parkroyal) (14)  
Nut N Fancy / Parramatta (7)  
Open Kitchen / Parramatta (14)  
Port Bar / Parramatta (30)  
Ray & Lou's / Parramatta (8)  
Restaurant 3 one 7 / Parramatta (8)  
River Canyon / Parramatta (15)  
Stock Dining Room (Rydges) / Rosehill (53)

Terrace Restaurant / Epping (49)  
Twenty One Fifty (Marriot) / Parramatta (31)  
Two Forks (Sebel) / Parramatta (11)  
Zables (Waldorf) / Rosehill (53)

---

### Pub+Club Bistros

Albion Hotel / Parramatta (21)  
Bavarian Bier Cafe / Parramatta (13)  
Carlingford Bowling Club / Carlingford (50)  
Champs Bar (Rydges) / Rosehill (52)  
Commercial Hotel / Parramatta (27)  
The Epping Hotel / Epping (47)  
Guildford Bowling Club / Guildford (40)  
Guildford Hotel / Guildford (40)  
Lucky Family Buffet (Granville RSL) (38)  
One World Sport / Parramatta (7)  
Parramatta RSL / Granville (30)  
PJ Gallagher's / Parramatta (30)  
Rose and Crown / Parramatta (31)  
Steeds Club Bar (Rydges) / Rosehill (53)  
Sunset's Restaurant / Northmead (45)  
Terrace Restaurant / Epping (49)  
Tollgate Bistro / North Parramatta (52)  
Top Taste Buffet / Rosehill (53)  
Westmead Tavern / Westmead (43)  
Woody's / Guildford (41)  
The Winston / Winston Hills (58)

---

### Steakhouse & Seafood

Hogsbreath / Parramatta (55)  
Hooters / Parramatta (52)  
Jade Bar & Grill / Parramatta (6)  
Meat & Wine Co / Parramatta (6)  
Ray & Lou's / Parramatta (8)  
Leo's Italian Seafood / Granville (38)  
The Lighthouse / Parramatta (23)

---

### Sweets

Ablas Pastry / Granville (36)  
Billu's Indian Snack House / Harris Park (32)  
Chocolate San Churro / Parramatta (4)  
El Sweetie / Granville (37)  
Hawhar Pastries / Guildford (41)  
Kuber / Harris Park (34)  
La Profiterole / Guildford (41)  
Max Brenner / Parramatta (19)  
Miho / Parramatta (18)  
Pancakes on the Rocks / Northmead (44)  
Pasty Perfection / Carlingford (51)  
Samir Ablas Pastry / Guildford (41)  
Sea Sweet / Parramatta (8)  
Sweet Street / Parramatta (26)  
Sweetland Patisserie / Harris Park (35)  
Taj Indian Sweets / Harris Park (35)  
The Chocolate Room / Parramatta (13)

---

### Thai

Ah Thai House / Granville (36)  
Bamboodle / Parramatta (19)  
Chilli Jam / Parramatta (4)  
Collector Garden Bistro / Parramatta (22)  
In the mood for Thai / Parramatta (23)  
Saute Thai / Parramatta (16)  
Sin Ney / Parramatta (9)  
Spice Gourmet Thai / Parramatta (25)  
It's Thai / Carlingford (51)  
M & J Thai Cuisine / Parramatta (23)  
Thai in a Box / Parramatta (10)  
Thim Thai Restaurant / Granville (38)  
Too Sit Noodle Bar / Parramatta (26)  
Tanjai Thai Taste / Northmead (45)

---



Australian Festival of South Asian Arts  
**parramasala™**



## Discover Parramasala Australian Festival of South Asian Arts right here in Parramatta!

In November, Parramatta hosts a vibrant celebration featuring traditional and contemporary artists from around the world who embrace the traditions and innovations in South Asian arts. The program brings different cultures and generations together for a rich masala or 'mix' of concerts, comedy, dance, film, food and more.

Mark it in your diary, and keep checking <http://parramasala.com/> for details.



## Discover Harris Park

While visiting Parramasala don't miss the truly authentic Indian dining experiences available in Harris Park and Parramatta.

Harris Park is the vibrant heart of Sydney's Indian community and features a range of traditional and unique Indian restaurants. Located only a few moments from the heart of Parramatta.

Turn to page 37 of this Dining Guide for complete Harris Park listings.



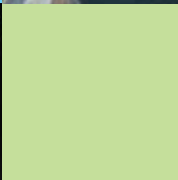
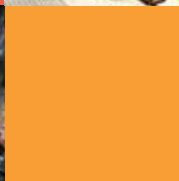
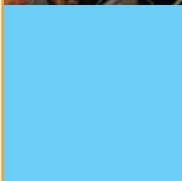
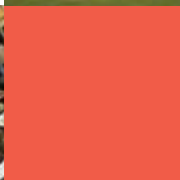
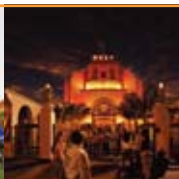
# Breathe easy this Summer!



From 1 January 2011 you can eat in one of the many alfresco dining areas in Parramatta and breathe easy. Parramatta City Council is keen to promote its city as one which is healthy and family-friendly, and has initiated a ban in outdoor dining areas, which has been welcomed by the community.

For more information please visit [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

The ultimate guide to  
entertainment, eating out  
and accommodation



DISCOVER  
PARRA  
MATTA

For more information on everything  
Parramatta has to offer visit

[www.discoverparramatta.com](http://www.discoverparramatta.com)

# Want to know more about Parramatta?

Pick up a copy of the Discover Parramatta Visitors Guide – packed full of visitor information, entertainment, major annual events, arts and culture, shopping and maps.

It's the pocket-sized guide to all you need to know about Parramatta – a city that will surprise you!

